Psychiatry Referral List 2020-2021

*Monsour Counseling and Psychological Services (MCAPS) is not endorsing these psychiatrists, but only providing a list of resources for students and the Claremont Colleges community. It is the responsibility of the student to ensure that providers take their insurance.

Local Group Practices:

**Mental Wellness Partners**
820 N. Mountain Ave., Suite 215
Upland, CA 91786
Phone: (909) 920-5150
Website: [www.mentalwellnesspartners.com](http://www.mentalwellnesspartners.com)

*Heather Kurera, D.O.*
[Earliest availability is 10/26 as of 9/17]
Email: hkurera@mentalwellnesspartners.com
Accepted Insurances: Blue Cross, Blue Shield (Magellan) only, Cigna, HealthNet, MediCare, TriWest, United Behavioral

*Percival “John” Baldrias, PMHNP-BC*
[Earliest availability is 9/28 as of 9/17]
Email: jbaldrias@mentalwellnesspartners.com
Accepted Insurances: Blue Cross, Blue Shield (Magellan) only, Cigna, HealthNet, MediCare, TriWest, United Behavioral

*Yuri Villareal, NP*
[Earliest availability is 9/21 as of 9/17; only in the office on Saturdays]
Email: N/A
Accepted Insurances: Aetna, Blue Cross, Blue Shield (Magellan) only, Cigna, HealthNet, MediCare, TriWest, United Behavioral

**Inland Psychiatric Medical Group**
540 W. Baseline, Suite 3
Claremont, CA 91711
Phone: (909) 625-7175
Website: [http://www.inlandpsych.com/](http://www.inlandpsych.com/)

*Henry Khin, M.D.*
[Earliest availability is 9/21 as of 9/17]
Accepted Insurances: Aetna HMO/PPO, Blue Cross, Blue Cross Blue Shield PPO, Blue Cross Blue Shield, Blue Shield, Chipa, Cigna, HealthNet, Pacificare, United Health Care

*Pucha Kayala, M.D.*
[Earliest availability is 9/21 as of 9/17]
Accepted Insurances: Aetna HMO/PPO, Blue Cross, Blue Cross Blue Shield PPO, Blue Cross Blue Shield, Blue Shield, Chipa, Cigna, HealthNet, Pacificare, United Health Care

*Jennifer Onyekonwu, NP*
[Earliest availability is 9/21 as of 9/17]
Accepted Insurances: Aetna HMO/PPO, Blue Cross, Blue Cross Blue Shield PPO, Blue Cross Blue Shield, Blue Shield, Chipa, Cigna, HealthNet, Pacificare, United Health Care
Christine Emenike, NP
[Earliest availability is 9/21 as of 9/17]
Accepted Insurances: Blue Cross, Chipa, Cigna, Healthnet, Pacificare, United Health Care

LA Psychiatry

Ray Castillo, PMHNP
1490 N. Claremont Blvd., Suite 203
Claremont, CA 91711
Phone: (909) 267-6550
Website: LAPsychsvcs.com
Email: N/A
Accepted Insurances: TriCare, PPO for (Aetna, Blue Cross, Blue Shield, United Behavioral)
Specialties: psychiatry medicine management, counseling, ADHD testing

Foothill Psychological Services
954 West Foothill Blvd.
Upland, CA 91786
Phone: (909) 946-4222
Website: http://www.foothillspsych.com

William Glasser, NP
[Currently not available for new clients as of 9/15]
Accepted Insurances: Aetna, Beacon, Blue Cross, Cigna, HealthNet, IEHP, MediCare, Optum, United Behavioral Health

Deep Patel, NP
[Currently not available for new clients as of 9/15]
Accepted Insurances: Aetna, Blue Cross, Cigna, HealthNet PPO, IEHP, Magellan HAI, MediCare, Prime Keenan, TriWest

Mountain View Behavioral Health
585 N. Mountain Ave., Suite B
Upland, CA 91786
Phone: (909) 931-3388
Website: www.mountainviewbh.com

Soe-Moe Kyaw, M.D.
[Earliest availability is January 2021 as of 9/17]
Accepted Insurances: Aetna, Anthem Blue Cross, Blue Shield, Cigna, First Health, HealthNet, Magellan, Medi-Care, MHN, Optum, TriCare, Value Options, others through medical groups
Additional Languages: Burmese

Hla Hla Yee, M.D.
[Earliest availability is January 2021 as of 9/17]
Accepted Insurances: Aetna, Anthem Blue Cross, Blue Shield, Care First, Cigna, First Health, HealthNet, Kaiser Permanente, Magellan, Medi-Care, MHN, Optum, others through medical groups
Additional Languages: Burmese
Aleyamma Mathew, M.D.
[Currently not available for new clients as of 9/17]
Accepted Insurances: Aetna, Anthem Blue Cross, Blue Shield, HealthNet, Kaiser Permanente, Magellan, MHN, Optum, TriCare, others through medical groups

Chino Valley Community Health Center [Previously Foothill Psychological Services]
13193 Central Ave., Suite 200
Chino, CA 91710
Phone: (909) 902-9111
Website: www.foothillpsych.com

Sarah Carter, NP
[Currently on leave, returning October 2020 as of 9/15]
Accepted Insurances: Unknown

Yuri Villaruel, NP
[Earliest availability is 10/7 as of 9/15]
Accepted Insurances: Blue Cross, IEHP, MediCare, Optum, United Behavioral Health (for NP)
Cigna, Aetna, Healthnet, Magellan,

Daniel Lane, D.O.
[Earliest availability is 9/30 as of 9/15]
Accepted Insurances: Unknown

William Glasser, NP
[Earliest availability is 9/23 as of 9/15]
Accepted Insurances: Aetna, Beacon, Blue Cross, Cigna, HealthNet, IEHP, MediCare, Optum, United Behavioral Health

Sensible Care
505 N. Tustin Ave., Suite 150
Santa Ana, CA 92705
Phone: (800) 801-9833
Website: https://www.sensiblecare.com/
Email: contact@sensiblecare.com

Paul Chung, M.D. (A92851)
[Earliest availability is right away as of 11/13]
Accepted Insurances: Aetna, Anthem Blue Cross, Humana, Optum, Tri-Care
Specialties: addiction, ADHD, addiction/chemical dependency, anxiety, behavior modification, bipolar disorder, CBT, depression, medication management, mood, OCD, panic disorders, PTSD, psychosis, schizophrenia/schizoaffective, suboxone, Substance Abuse Professional (SAP)
Offers Telehealth Services

Steven Allen, M.D. (A129366)
[Earliest availability is right away as of 11/13]
Accepted Insurances: Aetna, Anthem Blue Cross, Humana, Optum, Tri-Care
Specialties: abuse, addiction/chemical dependency, ADHD, anger management, anti-psychotic injectables, anxiety, bipolar disorder, comorbidity, CBT, compulsive gambling, crisis intervention, cultural/ethnic issues, depression, detoxification, dissociative disorder, divorce/blended family
issues, eating disorders, family therapy, forensic, geriatric population, grief/bereavement, group therapy, marriage & family therapy, medication management, mood, OCD, occupational issues, panic disorders, personality disorders, phobia, post-partum depression, PTSD, psychosis, schizophrenia/schizoaffective, somatoform disorders, stress management, suboxone, Substance Abuse Professional (SAP)
Offers Telehealth Services

Nadia Barati, M.D. (A121283)
[Earliest availability is right away as of 11/13]
Accepted Insurances: Aetna, Anthem Blue Cross, Humana, Optum, Tri-Care
Specialties: abuse, addiction, ADHD, anxiety, bipolar disorder, brief solution focused, comorbidity, CBT, cultural/ethnic issues, depression, LGBTQ+ issues, medication management, mood, OCD, panic disorders, personality disorders, phobia, post-partum depression, PTSD, psychosis, schizophrenia/schizoaffective, somatoform disorders, women’s issues
Offers Telehealth Services

Kevin Jou, M.D. (A99554)
[Earliest availability is right away as of 11/13]
Accepted Insurances: Aetna, Anthem Blue Cross, Humana, Optum, Tri-Care
Specialties: ADHD, anger management, anxiety, bipolar disorder, CBT, cultural/ethnic issues, depression, grief/bereavement, medication management, mood, OCD, panic disorders, personality disorders, PTSD, psychosis, schizophrenia/schizoaffective, somatoform disorders, stress management
Offers Telehealth Services

Cassandra Silver, N.P. (NP95012192)
[Earliest availability is right away as of 11/13]
Accepted Insurances: Aetna, Anthem Blue Cross, Humana, Optum, Tri-Care
Specialties: abuse, addiction/chemical dependency, ADHD, adolescent psychiatry, anger management, anti-psychotic injectables, anxiety, bipolar disorder, brief solution focused, CBT, crisis intervention, depression, dissociative disorder, eating disorders, grief/bereavement, medication management, mood, OCD, personality disorders, post-partum depression, PTSD, psychosis, schizophrenia/schizoaffective, somatoform disorders, stress management, women’s issues
Offers Telehealth Services

Gabrielle Lewis, N.P. (NP95013910)
[Earliest availability is right away as of 11/13]
Accepted Insurances: Aetna, Anthem Blue Cross, Humana, Optum, Tri-Care
Specialties: ADHD, adolescent psychiatry, anti-psychotic injectables, anxiety, depression, medication management, mood, OCD, panic disorders, psychosis, schizophrenia/schizoaffective, stress management
Offers Telehealth Services

Individual Psychiatrists:

Rebecca Kornbluh, M.D.
[Earliest availability is within 1 week as of 9/15]
232 Harrison Ave., Suite C
Claremont, CA 91711
Phone: (909) 293-8385
Website: https://rebeccakornbluh.com/
Accepted Insurances: Out of network insurance and will provide superbill for PPO
Sachin Relia, M.D. (#A119785)
[Earliest availability is within 1-2 weeks as of 10/28]
Inland Psychiatry and Sleep
8580 Utica Ave., Suite 200
Rancho Cucamonga, CA 91730
Phone: (909) 257-8809
Website: https://www.inlandpsychiatryandsleep.com/
Email: info@inlandpsychiatryandsleep.com
Accepted Insurances: Cigna
Specialties: anxiety disorders, autism, sleep & psychiatric disorders
Offers Telehealth Services

Melissa Frost, NP (13697)
[Availabilty is Tuesdays & Fridays]
Telehealth Only
Glendora, CA 91741
Phone: (626) 600-8543
Website: http://frostmentalhealth.com/
Email: Office@FrostMentalHealth.com
Accepted Insurances: Out of Network
Specialties: psychiatric mental health
Offers Telehealth Services

Michael Feldmeier, M.D. (#A148526)
[Earliest availability is 10/28 as of 10/27]
Level Up Mental Health
913 E. Walnut St.
Pasadena, CA 91106
Phone: (626) 243-2743
Website: https://Levelupmentalhealth.com
Accepted Insurances: None; Can inquire about need-based reduction
Specialties: addiction (technology), ADHD, anxiety, depression, OCD
Offers Telehealth Services

Sheela Masifi, M.D. (#A154508)
[Earliest availability is 10/30 as of 10/28]
18012 Cowan Ave.
Irvine, CA 92806
Phone: (949) 287-8014
Website: https://www.nurturepsych.com/
Email: drmasifi@nurturepsych.com
Accepted Insurances: Out of Network
Specialities: minority mental health (especially Asian or biracial), OCD, PTSD, social anxiety
Offers Telehealth Services

Jacqueline D. Bredehoft, PMHNP (#14352)
Lifeline 2 Wellness
901 Dove St., Suite 299
Newport Beach, CA 92660
Phone: (714) 497-3307
Website: https://Levelupmentalhealth.com
Email: info@jacquelinebredehoft.com
Accepted Insurances: None
Specialities: ADHD, anxiety, bipolar disorder, depression, grief & loss, psychotic disorders, substance use, trauma (EMDR trained)
Offers Telehealth Services

**Low Cost Services:**

**Tri City Mental Health**
2008 N. Garey Ave.
Pomona, CA 91767
Phone: 909-623-9500
Website: [http://www.tricitymhs.org/](http://www.tricitymhs.org/)
Accepted Insurances: Medi-Cal