

## Psychiatry Referral List 2020-2021

\*Monsour Counseling and Psychological Services (MCAPS) is not endorsing these psychiatrists, but only providing a list of resources for students and the Claremont Colleges community. It is the responsibility of the student to ensure that providers take their insurance.

### **Local Group Practices:**

#### **Mental Wellness Partners**

820 N. Mountain Ave., Suite 215

Upland, CA 91786

Phone: (909) 920-5150

Website: [www.mentalwellnesspartners.com](http://www.mentalwellnesspartners.com)

#### **Heather Kurera, D.O.**

*[Earliest availability is 10/26 as of 9/17]*

Email: [hkurera@mentalwellnesspartners.com](mailto:hkurera@mentalwellnesspartners.com)

Accepted Insurances: Blue Cross, Blue Shield (Magellan) only, Cigna, HealthNet, MediCare, TriWest, United Behavioral

#### **Percival "John" Baldrias, PMHNP-BC**

*[Earliest availability is 9/28 as of 9/17]*

Email: [jbaldrias@mentalwellnesspartners.com](mailto:jbaldrias@mentalwellnesspartners.com)

Accepted Insurances: Blue Cross, Blue Shield (Magellan) only, Cigna, HealthNet, MediCare, TriWest, United Behavioral

#### **Yuri Villareal, NP**

*[Earliest availability is 9/21 as of 9/17; only in the office on Saturdays]*

Email: N/A

Accepted Insurances: Aetna, Blue Cross, Blue Shield (Magellan) only, Cigna, HealthNet, MediCare, TriWest, United Behavioral

#### **Inland Psychiatric Medical Group**

540 W. Baseline, Suite 3

Claremont, CA 91711

Phone: (909) 625-7175

Website: <http://www.inlandpsych.com/>

#### **Henry Khin, M.D.**

*[Earliest availability is 9/21 as of 9/17]*

Accepted Insurances: Aetna HMO/PPO, Blue Cross, Blue Cross Blue Shield PPO, Blue Cross Blue Shield, Blue Shield, Chipa, Cigna, HealthNet, Pacificare, United Health Care

#### **Pucha Kayala, M.D.**

*[Earliest availability is 9/21 as of 9/17]*

Accepted Insurances: Aetna HMO/PPO, Blue Cross, Blue Cross Blue Shield PPO, Blue Cross Blue Shield, Blue Shield, Chipa, Cigna, HealthNet, Pacificare, United Health Care

#### **Jennifer Onyekonwu, NP**

*[Earliest availability is 9/21 as of 9/17]*

Accepted Insurances: Aetna HMO/PPO, Blue Cross, Blue Cross Blue Shield PPO, Blue Cross Blue Shield, Blue Shield, Chipa, Cigna, HealthNet, Pacificare, United Health Care

**Christine Emenike, NP**

*[Earliest availability is 9/21 as of 9/17]*

Accepted Insurances: Blue Cross, Chipa, Cigna, Healthnet, Pacificare, United Health Care

**LA Psychiatry**

**Ray Castillo, PMHNP**

1490 N. Claremont Blvd., Suite 203

Claremont, CA 91711

Phone: (909) 267-6550

Website: LAPsychsvcs.com

Email: N/A

Accepted Insurances: TriCare, PPO for (Aetna, Blue Cross, Blue Shield, United Behavioral)

Specialties: psychiatry medicine management, counseling, ADHD testing

**Foothill Psychological Services**

954 West Foothill Blvd.

Upland, CA 91786

Phone: (909) 946-4222

Website: <http://www.foothillspsych.com>

**William Glasser, NP**

*[Currently not available for new clients as of 9/15]*

Accepted Insurances: Aetna, Beacon, Blue Cross, Cigna, HealthNet, IEHP, MediCare, Optum, United Behavioral Health

**Deep Patel, NP**

*[Currently not available for new clients as of 9/15]*

Accepted Insurances: Aetna, Blue Cross, Cigna, HealthNet PPO, IEHP, Magellan HAI, MediCare, Prime Keenan, TriWest

**Mountain View Behavioral Health**

585 N. Mountain Ave., Suite B

Upland, CA 91786

Phone: (909) 931-3388

Website: [www.mountainviewbh.com](http://www.mountainviewbh.com)

**Soe-Moe Kyaw, M.D.**

*[Earliest availability is January 2021 as of 9/17]*

Accepted Insurances: Aetna, Anthem Blue Cross, Blue Shield, Cigna, First Health, HealthNet, Magellan, Medi-Care, MHN, Optum, TriCare, Value Options, others through medical groups

Additional Languages: Burmese

**Hla Hla Yee, M.D.**

*[Earliest availability is January 2021 as of 9/17]*

Accepted Insurances: Aetna, Anthem Blue Cross, Blue Shield, Care First, Cigna, First Health, HealthNet, Kaiser Permanente, Magellan, Medi-Care, MHN, Optum, others through medical groups

Additional Languages: Burmese

**Aleyamma Mathew, M.D.**

*[Currently not available for new clients as of 9/17]*

Accepted Insurances: Aetna, Anthem Blue Cross, Blue Shield, HealthNet, Kaiser Permanente, Magellan, MHN, Optum, TriCare, others through medical groups

**Chino Valley Community Health Center [Previously Foothill Psychological Services]**

13193 Central Ave., Suite 200

Chino, CA 91710

Phone: (909) 902-9111

Website: [www.foothillpsych.com](http://www.foothillpsych.com)

**Sarah Carter, NP**

*[Currently on leave, returning October 2020 as of 9/15]*

Accepted Insurances: Unknown

**Yuri Villaruel, NP**

*[Earliest availability is 10/7 as of 9/15]*

Accepted Insurances: Blue Cross, IEHP, MediCare, Optum, United Behavioral Health (for NP)  
Cigna, Aetna, Healthnet, Magellan,

**Daniel Lane, D.O.**

*[Earliest availability is 9/30 as of 9/15]*

Accepted Insurances: Unknown

**William Glasser, NP**

*[Earliest availability is 9/23 as of 9/15]*

Accepted Insurances: Aetna, Beacon, Blue Cross, Cigna, HealthNet, IEHP, MediCare, Optum, United Behavioral Health

**Sensible Care**

505 N. Tustin Ave., Suite 150

Santa Ana, CA 92705

Phone: (800) 801-9833

Website: <https://www.sensiblecare.com/>

Email: [contact@sensiblecare.com](mailto:contact@sensiblecare.com)

**Paul Chung, M.D. (A92851)**

*[Earliest availability is right away as of 11/13]*

Accepted Insurances: Aetna, Anthem Blue Cross, Humana, Optum, Tri-Care  
Specialties: addiction, ADHD, addiction/chemical dependency, anxiety, behavior modification, bipolar disorder, CBT, depression, medication management, mood, OCD, panic disorders, PTSD, psychosis, schizophrenia/schizoaffective, suboxone, Substance Abuse Professional (SAP)  
Offers Telehealth Services

**Steven Allen, M.D. (A129366)**

*[Earliest availability is right away as of 11/13]*

Accepted Insurances: Aetna, Anthem Blue Cross, Humana, Optum, Tri-Care  
Specialties: abuse, addiction/chemical dependency, ADHD, anger management, anti-psychotic injectables, anxiety, bipolar disorder, comorbidity, CBT, compulsive gambling, crisis intervention, cultural/ethnic issues, depression, detoxification, dissociative disorder, divorce/blended family

issues, eating disorders, family therapy, forensic, geriatric population, grief/bereavement, group therapy, marriage & family therapy, medication management, mood, OCD, occupational issues, panic disorders, personality disorders, phobia, post-partum depression, PTSD, psychosis, schizophrenia/schizoaffective, somatoform disorders, stress management, suboxone, Substance Abuse Professional (SAP)  
Offers Telehealth Services

**Nadia Barati, M.D. (A121283)**

*[Earliest availability is right away as of 11/13]*

Accepted Insurances: Aetna, Anthem Blue Cross, Humana, Optum, Tri-Care  
Specialties: abuse, addiction, ADHD, anxiety, bipolar disorder, brief solution focused, comorbidity, CBT, cultural/ethnic issues, depression, LGBTQ+ issues, medication management, mood, OCD, panic disorders, personality disorders, phobia, post-partum depression, PTSD, psychosis, schizophrenia/schizoaffective, somatoform disorders, women's issues  
Offers Telehealth Services

**Kevin Jou, M.D. (A99554)**

*[Earliest availability is right away as of 11/13]*

Accepted Insurances: Aetna, Anthem Blue Cross, Humana, Optum, Tri-Care  
Specialties: ADHD, anger management, anxiety, bipolar disorder, CBT, cultural/ethnic issues, depression, grief/bereavement, medication management, mood, OCD, panic disorders, personality disorders, PTSD, psychosis, schizophrenia/schizoaffective, somatoform disorders, stress management  
Offers Telehealth Services

**Cassandra Silver, N.P. (NP95012192)**

*[Earliest availability is right away as of 11/13]*

Accepted Insurances: Aetna, Anthem Blue Cross, Humana, Optum, Tri-Care  
Specialties: abuse, addiction/chemical dependency, ADHD, adolescent psychiatry, anger management, anti-psychotic injectables, anxiety, bipolar disorder, brief solution focused, CBT, crisis intervention, depression, dissociative disorder, eating disorders, grief/bereavement, medication management, mood, OCD, personality disorders, post-partum depression, PTSD, psychosis, schizophrenia/schizoaffective, somatoform disorders, stress management, women's issues  
Offers Telehealth Services

**Gabrielle Lewis, N.P. (NP95013910)**

*[Earliest availability is right away as of 11/13]*

Accepted Insurances: Aetna, Anthem Blue Cross, Humana, Optum, Tri-Care  
Specialties: ADHD, adolescent psychiatry, anti-psychotic injectables, anxiety, depression, medication management, mood, OCD, panic disorders, psychosis, schizophrenia/schizoaffective, stress management  
Offers Telehealth Services

## **Individual Psychiatrists:**

**Rebecca Kornbluh, M.D.**

*[Earliest availability is within 1 week as of 9/15]*

232 Harrison Ave., Suite C

Claremont, CA 91711

Phone: (909) 293-8385

Website: <https://rebeccakornbluh.com/>

Accepted Insurances: Out of network insurance and will provide superbill for PPO

**Sachin Relia, M.D. (#A119785)**

*[Earliest availability is within 1-2 weeks as of 10/28]*

Inland Psychiatry and Sleep  
8580 Utica Ave., Suite 200  
Rancho Cucamonga, CA 91730  
Phone: (909) 257-8809

Website: <https://www.inlandpsychiatryandsleep.com/>

Email: [info@inlandpsychiatryandsleep.com](mailto:info@inlandpsychiatryandsleep.com)

Accepted Insurances: Cigna

Specialities: anxiety disorders, autism, sleep & psychiatric disorders

Offers Telehealth Services

**Melissa Frost, NP (13697)**

*[Availability is Tuesdays & Fridays]*

Telehealth Only  
Glendora, CA 91741  
Phone: (626) 600-8543

Website: <http://frostmentalhealth.com/>

Email: [Office@FrostMentalHealth.com](mailto:Office@FrostMentalHealth.com)

Accepted Insurances: Out of Network

Specialties: psychiatric mental health

Offers Telehealth Services

**Michael Feldmeier, M.D. (#A148526)**

*[Earliest availability is 10/28 as of 10/27]*

Level Up Mental Health  
913 E. Walnut St.  
Pasadena, CA 91106  
Phone: (626) 243-2743

Website: <https://Levelupmentalhealth.com>

Accepted Insurances: None; Can inquire about need-based reduction

Specialties: addiction (technology), ADHD, anxiety, depression, OCD

Offers Telehealth Services

**Sheela Masifi, M.D. (#A154508)**

*[Earliest availability is 10/30 as of 10/28]*

18012 Cowan Ave.  
Irvine, CA 92806  
Phone: (949) 287-8014

Website: <https://www.nurturepsych.com/>

Email: [drmasifi@nurturepsych.com](mailto:drmasifi@nurturepsych.com)

Accepted Insurances: Out of Network

Specialities: minority mental health (especially Asian or biracial), OCD, PTSD, social anxiety

Offers Telehealth Services

**Jacqueline D. Bredehoft, PMHNP (#14352)**

Lifeline 2 Wellness  
901 Dove St., Suite 299  
Newport Beach, CA 92660  
Phone: (714) 497-3307

Website: <https://Levelupmentalhealth.com>

Email: [info@jacquelinebredehoft.com](mailto:info@jacquelinebredehoft.com)

Accepted Insurances: None



Specialities: ADHD, anxiety, bipolar disorder, depression, grief & loss, psychotic disorders, substance use, trauma (EMDR trained)  
Offers Telehealth Services

### **Low Cost Services:**

#### **Tri City Mental Health**

2008 N. Garey Ave.

Pomona, CA 91767

Phone: 909-623-9500

Website: <http://www.tricitymhs.org/>

Accepted Insurances: Medi-Cal