Out-of-State Support & Resources

Alabama
SNAP/Food Assistance Program
Alabama National Alliance on Mental Illness
Alabama Department of Mental Health
Covid-19 Resources
Alabama Public Assistance and Help Paying Bills
Alabama 2-1-1 Community Resources

Alaska
SNAP/Food Assistance Program
Alaska National Alliance on Mental Illness
Alaska Division of Behavioral Health
Covid-19 Resources
Alaska Public Assistance and Help Paying Bills
Alaska 2-1-1 Community Resources

Arizona
SNAP/Food Assistance Program
Arizona National Alliance on Mental Illness
Arizona Department of Health Services
Covid-19 Resources
Arizona Public Assistance and Help Paying Bills
Arizona 2-1-1 Community Resources

Arkansas
SNAP/Food Assistance Program
Arkansas National Alliance on Mental Illness
Arkansas Department of Human Services
Covid-19 Resources
Arkansas Public Assistance and Help Paying Bills
Arkansas 2-1-1 Community Resources

California
CalFresh/Food Assistance Benefits
California National Alliance on Mental Illness
California Department of Health Care Services: Mental Health
Covid-19 Resources
California Public Assistance and Help Paving your Bills
California 2-1-1 Community Resources

Colorado
SNAP/Food Assistance Benefits
Colorado National Alliance on Mental Illness
Colorado Behavioral Health
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Colorado Public Assistance and Help Paying your bills
Colorado 2-1-1 Community Resources

Connecticut
SNAP/Food Assistance Program
Connecticut National Alliance on Mental Illness
Connecticut Department of Mental Health and Addiction Services
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Connecticut Public Assistance and Help Paying Your bills
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Delaware
SNAP/Food Assistance Program
Delaware National Alliance on Mental Illness
Delaware Division of Substance Abuse and Mental Health
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Delaware 2-1-1 Community Resources

Florida
SNAP/Food Assistance Program
Florida National Alliance on Mental Illness
Florida Department of Behavioral Health
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Florida Public Assistance and Help Paying Your Bills
Florida 2-1-1 Community Resources

Georgia
SNAP/Food Assistance Program
Georgia National Alliance on Mental Illness
Georgia Department of Behavioral Health and Developmental Disabilities
Covid-19 Resources
Georgia Public Assistance and Help Paying Your Bills
Georgia 2-1-1 Community Resources

Hawaii
SNAP/Food Assistance Program
Hawaii national Alliance on Mental Illness
Hawaii Adult Mental Health Division
Covid-19 Resources
Hawaii Public Assistance and Help Paying Your Bills
Hawaii 2-1-1 Community Resources

Idaho
SNAP/Food Assistance Program
Idaho National Alliance on Mental Illness
Idaho Department of Health and Welfare
Covid-19 Resources

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Illinois
SNAP/Food Assistance Program
Illinois National Alliance on Mental Illness
Illinois Department of Human Services
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Indiana
SNAP/Food Assistance Program
Indiana National Alliance on Mental Illness
Indiana Family and Social Services Division
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Indiana Public Assistance and Help Paying Your Bills
Indiana 2-1-1 Community Resources

Iowa
SNAP/Food Assistance Program
Iowa National Alliance on Mental Illness
Iowa Division of Mental Health and Disability Services
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Kansas
SNAP/Food Assistance Program
Kansas National Alliance on Mental Illness
Kansas Behavioral Health Services
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Kentucky
SNAP/Food Assistance Program
Kentucky National Alliance on Mental Illness
Kentucky Department for Behavioral Health, Developmental and Intellectual
Covid-19 Resources
Kentucky Public Assistance and Help Paying Your Bills
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Louisiana
SNAP/Food Assistance Program
Louisiana National Alliance on Mental Illness
Louisiana Department of Health: Behavioral Health
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Maine
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Maine National Alliance on Mental Illness
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Maryland
SNAP/Food Assistance Program
Maryland National Alliance on Mental Illness
Maryland Department of Health: Behavioral Health Administration
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Massachusetts
SNAP/Food Assistance Program
Massachusetts National Alliance on Mental Illness
Massachusetts Department of Mental Health
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Michigan
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Michigan National Alliance on Mental Illness
Michigan Department of Health & Human Services: Mental Health
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Michigan 2-1-1 Community Resources

Minnesota
SNAP/Food Assistance Program
Minnesota National Alliance on Mental Illness
Minnesota Department of Human Services: Adult Mental Health
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Minnesota Public Assistance and Help Paying Your Bills
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Missouri
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Missouri National Alliance on Mental Illness
Missouri Department of Mental Health
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Montana
SNAP/Food Assistance Program
Montana National Alliance on Mental Illness
Montana Addictive & Mental Disorders Division
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Nebraska
SNAP/Food Assistance Program
Nebraska National Alliance on Mental Illness
Nebraska Department of Health and Human Services: Behavioral Health
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Nebraska Public Assistance and Help Paying Your Bills
Nebraska 2-1-1 Community Resources

Nevada
SNAP/Food Assistance Program
Nevada National Alliance on Mental Illness
Nevada Department of Health and Human Services: Public and Behavioral Health
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Nevada Public Assistance and Help Paying Your Bills
Nevada 2-1-1 Community Resources

New Hampshire
SNAP/Food Assistance Program
New Hampshire National Alliance on Mental Illness
New Hampshire Department of Health and Human Resources
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New Jersey
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New Jersey National Alliance on Mental Illness
New Jersey Division of Mental Health and Addiction Services
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New Mexico
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New Mexico National Alliance on Mental Illness
New Mexico Behavioral Health Services
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New York
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New York Office of Mental Health
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North Carolina
SNAP/Food Assistance Program
North Carolina National Alliance on Mental Illness
North Carolina Department Of Human and Health Services: Mental Health, Developmental Disabilities and Substance Abuse Services
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North Dakota
SNAP/Food Assistance Program
North Dakota National Alliance on Mental Illness
North Dakota Behavioral Health
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Ohio
SNAP/Food Assistance Program
Ohio National Alliance on Mental Illness
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Oklahoma
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Oklahoma Department of Mental Health and Substance Abuse Services
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Oregon
SNAP/Food Assistance Program
Oregon National Alliance on Mental Illness
Oregon Health Authority: Behavioral Health Services/Mental Health

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**Pennsylvania**
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**Rhode Island**
SNAP/Food Assistance Program
Rhode Island National Alliance on Mental Illness
Rhode Island Department of Behavioral Healthcare, Developmental Disabilities and Hospitals
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Rhode Island Public Assistance and Help Paying Your Bills
Rhode Island 2-1-1 Community Resources

**South Carolina**
SNAP/Food Assistance Program
South Carolina National Alliance on Mental Illness
South Carolina Department of Mental Health
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South Carolina Public Assistance and Help Paying Your Bills
South Carolina 2-1-1 Community Resources

**South Dakota**
SNAP/Food Assistance Program
South Dakota National Alliance on Mental Illness
South Dakota Department of Social Services: Behavioral Health
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South Dakota Public Assistance and Help Paying Your Bills
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**Tennessee**
SNAP/Food Assistance Program
Tennessee National Alliance on Mental Illness
Tennessee Department of Mental Health & Substance Abuse Services
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**Texas**
SNAP/Food Assistance Program
Texas National Alliance on Mental Illness
Texas Department of State Health Services: Mental Health & Substance Use

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Utah
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Vermont
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Virginia
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Virginia National Alliance on Mental Illness
Virginia Department of Behavioral Health & Developmental Services
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Washington
SNAP/Food Assistance Programs
Washington National Alliance on Mental Illness
Washington Health Care Authority: Mental Health Svcs
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Washington Public Assistance and Help Paying Bills
Washington 2-1-1 Community Resources

West Virginia
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West Virginia National Alliance on Mental Illness
West Virginia Department of Health & Human Services: Bureau for Behavioral Health
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Wisconsin

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Wisconsin National Alliance on Mental Illness
Wisconsin Department of Health Services: Mental Health Partner/Provider Resources
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Wyoming
SNAP/Food Assistance Program
Wyoming National Alliance on Mental Illness
Wyoming Department of Health: Behavioral Health Division
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Wyoming Public Assistance and Help Paying Your Bills
Wyoming 2-1-1 Community Resources

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