

Pitzer College Resource Insecurity Guide

Dental

Covered California

<https://www.coveredca.com/individuals-and-families/getting-covered/dental-coverage/>

Free Things to Do in Los Angeles

<https://www.discoverlosangeles.com/blog/100-free-things-do-los-angeles>

Food

Department of Public Social Services-Pomona Office
CalWorks, CalFresh, General Relief, Medi-Cal, GROW
2040 W. Holt Ave.

Pomona, CA 91768

(866) 613-3777

(626) 569-1399

Monday thru Friday

8:00 a.m. to 5:00 p.m.

<http://dpss.lacounty.gov/wps/portal/dpss>

Granite Creek Community Church
Address: 9014 Benson Avenue in Montclair
Phone: (909) 931-7303

Distributed every Saturday morning

<https://www.granitecreek.org/food-bank/>

New Life Community Church
Address: 275 E. Foothill Blvd., Pomona, CA 91767

Distributed every Friday 2:30-5:30pm

<http://newlifepomona.com/outreach/>

Sowing Seeds for Life
Address: 1350 Arrow Hwy., La Verne, CA 91750

Phone: 909-392-5777 Ext. 271

Distributed: 1st and 3rd Wednesday of every month 1:00pm-5:00pm

<http://sowingseedsforlife.org/visit-the-foodbank>

Salvation Army-Pomona
Address: 490 E. La Verne Avenue, Pomona
Phone: 909-623-1579

https://pomona.salvationarmy.org/pomona_corps/cure-hunger/

Inland Valley Hope Partner
Address: 660 North Mountain Avenue, Claremont, CA
Phone: 909-622-3806 x401
Distributed: Tuesday & Thursday 12:30-4:00pm
<http://www.inlandvalleyhopepartners.org>

Housing

* **Please note:** that many of these options have different intake requirements. Several that accept families also accept single women. Call ahead and request to speak to intake coordinator

Catholic Charities
<https://ccsbriv.org/our-core-programs>

Foothill Family Shelter
Phone: (909) 920-0453
<https://www.foothillfamilyshelter.org/Our-Services/Family.asp>

House of Ruth
24-hour hotline: 1-877-988-5559
Phone: (909) 623 - 4364
<http://houseofruthinc.org>

Housing Authority County of Los Angeles
Phone: (877) 428-8844
<https://www.hacola.org/>

Inland Valley Hope Partner
Phone: 909-622-3806 x401
<http://www.inlandvalleyhopepartners.org>

Los Angeles County Housing Resource Center
<http://housing.lacounty.gov/About.html>

The Path of Life
Phone: (951) 462-9822
<http://www.thepathoflife.com/#get-help>

Pathways of Hope
Phone: (714) 680-3691
Email: info@pathwaysofhope.us

<http://pathwaysofhope.us>

Option House

24-hour crises line: 909-381-3471

<https://www.optionhouseinc.org>

San Bernardino County Department of Behavioral Health Housing Program

<http://wp.sbcounty.gov/dbh/mental-health-services/adults/housing-and-employment/>

909-386-0787

Los Angeles County Department Mental Health Consumer Resources Directory

Service Area 3

Substance Use, Shelters, Food, Substance Use, Medical, Mental Health, etc.

http://file.lacounty.gov/sdsinter/dmh/159784_consumer_resource_directory_final_1-27-16.pdf

Los Angeles County Resources Hotline

<https://www.211la.org/>

Phone: 211

Medical

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Covered California

<https://www.coveredca.com/>

Mental Health Programs

National Alliance on Mental Illness (NAMI)

Pomona Valley

<https://www.nami.org/>

<http://namipv.org/>

Pacific Clinics
Pomona, CA
(909) 625-7207

Tri-City Mental Health
Pomona, CA 91767
Ph: (909) - 623-6131
Fax: (909) -865-9281

Rental Assistance Programs

Department of Public Social Services-Pomona Office
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<http://dpss.lacounty.gov/wps/portal/dpss/main/programs-and-services/homeless-services/>

https://www.needhelppayingbills.com/html/los_angeles_rental_assistance.html

https://www.rentassistance.us/ci/ca-los_angeles

<https://www.lacity.org/for-residents/popular-services/housing-services>

Transitional Aged Youth

Substance Use, Drop-in Center, Emergency Shelters, Transitional Housing, Mental Health Services, etc.

Service Area 3

http://file.lacounty.gov/SDSInter/dmh/209378_TAYHousingandSupportServicesResourceGuideMay2016.pdf

Transportation

ACCESS Paratransit
(800) 883-1295
<https://accessla.org/home/index.html>

Claremont Dial-A-Ride

(909) 623-0183

<http://www.pvtrans.org/asp/site/claremont/>

Foothill Transit

(800) RIDE-INFO

<http://foothilltransit.org/fares/discounts/>

Metrolink

(800) 371-LINK

<https://www.metrolinktrains.com/ticketsOverview/discounts/everyday-discounts/>

Undocumented and DACAmended Student Resources

<https://www.pomona.edu/administration/pre-health/explore/undocumented-and-dacamended-student-resources>

Vision

Covered California

<https://www.coveredca.com/individuals-and-families/getting-covered/vision/>

Lens Crafters-One Sight Program

<https://onesight.org/faqs/>