

Anthem HMO

You must choose a PCP when enrolling,
go to: www.anthem.com/ca

SERVICE	CO-PAYMENT
Calendar Year Deductible	None
Office Visit	PCP \$15 Preferred Provider \$25 In-Network Provider Specialist \$30 Preferred Provider \$40 In-Network Provider
Outpatient Surgery	\$100
X-Ray/Laboratory	Plan pays 100%
Urgent Care	\$15 Preferred Provider \$25 In-Network Provider
Emergency Room Services	\$150 (waived if admitted)
Inpatient Hospitalization	\$300 per admission
Prescription (Retail)	Generic - \$10 Brand Formulary - \$30 Non-Formulary - \$50
Prescriptions (Mail Order) Up to 60 day supply	Generic - \$10 Brand Formulary - \$60 Non-Formulary - \$100

Urgent Care Services

- With an HMO plan, you can visit Urgent Care for non-emergency services and pay your office visit copay.
- Get care sooner, at a lower cost, and without an appointment.
- You must use an Urgent Care within your Medical Group.
- Contact your Medical Group for the nearest Urgent Care location ahead of time.
- For Out of Area care, call your Medical Group or the “Coverage While Traveling” number on your insurance ID card for assistance.

You Are In-Area:

You are in-area if you are 15 miles or 30 minutes or less from your medical group

You Are Out of Area:

You are out-of-area if you are more than 15 miles or 30 minutes away from your medical group.

Outside of CA:

You can get medically necessary care when you're away from home for Urgent matters.

HMO Guest Membership

Guest Membership: *health care coverage that goes with you*

As an Anthem Blue Cross HMO member living in California, you have access to health care benefits across the country. To meet the different health care needs of members and dependents who are away from home, your plan offers Guest Membership. This program, also known as Away From Home Care, provides benefits for covered family members who have extended stays outside of California.

What is Guest Membership?

Guest Membership allows members to be “guests” of a participating Blue Cross and Blue Shield HMO while away from their home service area for 90 consecutive days or more. Guest Membership ensures you have ongoing access to contracted health care providers.

Call Anthem Blue Cross Guest Membership program at 1-800-827-6422. They have everything you need to get started:

- Verify provider availability in the area where you’ll be.
- Request a *Guest Membership* application.
- Get help in submitting your *Guest Membership* application and answers to questions you may have.

Anthem Act Wise HDHP

SERVICE	IN-NETWORK	OUT-OF-NETWORK
Calendar Year Deductible	Employee Only: \$1,500 Family: \$3,000 <i>Individual Max: \$2,800</i>	Employee Only: \$2,500 Family: \$5,000
Office Visit	Plan pays 80% after deductible	Plan pays 60% after deductible
Outpatient Surgery	Plan pays 80% after deductible	Plan pays 60% after deductible
X-Ray/Laboratory	Plan pays 80% after deductible	Plan pays 60% after deductible
Urgent Care	Plan pays 80% after deductible	Plan pays 60% after deductible
Emergency room services	Plan pays 80% after deductible	Plan pays 60% after deductible
Inpatient Hospitalization	Plan pays 80% after deductible	Plan pays 60% after deductible
Prescriptions (Retail)	Plan pays 80% after deductible	Plan pays 60% after deductible
Prescriptions (Mail Order) Up to 60 day supply	Plan pays 80% after deductible	Not Applicable

Health Savings Account

- Enroll in the Anthem Act Wise HDHP Plan and open a Health Savings Account.
- You can make contributions from your paycheck on a pre-tax basis (limits apply).

Qualified Health Care Expenses

- Deductibles
- Office Visits, Hospital Stays, and Lab Work
- Prescription Drugs
- Dental Expenses
- Vision Exam and Expenses

Health Savings Account

	2020 HSA Contribution Limit	Employer Contributes *	You can contribute up to
Employee Only	\$3,550	\$450	\$3,100
Employee + One Spouse**/Child(ren)	\$7,100	\$900	\$6,200

****Domestic Partners do not qualify for employer contributions. Participants Age 55 or older may contribute an additional \$1,000 above the maximum contribution limit.**

- Your employer will make a contribution for 2020, unless you are a highly compensated employee (HCEs are those who earned \$125,000 or more in 2019) or if enrolled in Medicare Part A or B.
- A Health Savings Account must be established with PNC Bank in order to receive the Employer Contribution.



*Employer Contributions are prorated based on benefits effective date.


Need to find a doctor?

When you enroll in **the Anthem HMO plan**, you should choose a **primary care doctor**. Your primary care doctor will be **the first doctor you see** for all your health care needs. If you need special kinds of care, this doctor will refer you to other kinds of health care providers.

You and your family members can enroll in the medical group best for you that is accepting new patients. You **must live or work** within **fifteen (15) miles or thirty minutes (30) of the medical group**.

The mileage restriction does not apply for your HMO specialist or for your provider if you enroll in the HDHP plan.

Need to find a doctor?


Anthem 

Medicare Individual & Family Employers Producers Providers Medicaid Find a Doctor Español

Do More as a Member
Print ID card, pay bills, view claims, refill prescriptions and find a doctor.

Log in to your member account.

Username

Password
 

[Forgot username or password?](#)
[Not signed up? Register now](#)

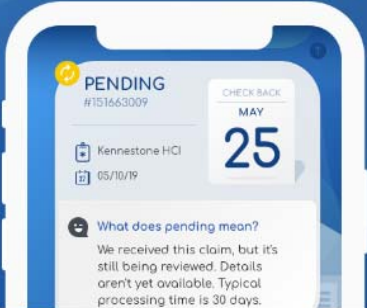
Log In

Partner Login
[Employers](#) [Producers](#) [Providers](#)

Meet Sydney

Your personal health ally, offering the same great services as Anthem Anywhere, plus new features like custom content, personalized wellness activities and more. Access Sydney using your online login info, or simply download the app and log in with your Anthem Anywhere username and password.

*Select capabilities may not be available for all plans.



Need to find a doctor?



Search



Medicare Individual & Family Employers Producers Providers Medicaid

Find a Doctor

Español

To search by selecting a plan, first narrow the list of plans and networks by selecting the type of care and state. Then, select a plan or network to search.

What type of care are you searching for?

Medical



Providers for Behavioral Health & Substance Use Disorder Services are listed under Medical Care.

What state do you want to search in?

California



What type of plan do you want to search with?

Medical (Employer-Sponsored)



Select a plan/network

Advantage HMO



Health. Join In. [.....](#)

Need to find a doctor?



Search



Medicare Individual & Family Employers Producers Providers Medicaid

Find a Doctor Español

[Encontrar un doctor](#)

I want to search this plan/network: **Advantage HMO**

I'm looking for a:

Who specializes in:

[Show specialty details](#)

Located near:

Within a distance of:

Whose name is:




Need to find a doctor?


Need to find a Doctor or other Provider?

Go to [anthem.com/ca](https://www.anthem.com/ca) and follow these steps to search for a Doctor or other Provider:

- 1. Select Find a Doctor**
- 2. If you are a new Member, you can search by plan**
- 3. For HMO: Select the Advantage HMO plan. Or for higher copay doctors, select Blue Cross HMO (CACare)- Large Group**
- 4. For HDHP: Select Blue Cross PPO (Prudent Buyer) – Large Group**
- 2. Pick your provider type**
- 3. Enter your search criteria**
- 4. Select View Results**

Anthem Online & Mobile





Anthem 


Say hi to Sydney

Anthem's new app is simple, smart — and all about you

With Sydney, you can find everything you need to know about your Anthem benefits — personalized and all in one place. Sydney makes it easier to get things done, so you can spend more time focused on your health.

Get started with Sydney
Download the app today!





Simple 

Ready for you to use quickly, easily, seamlessly — with one-click access to benefits info, Member Services, wellness resources and more.

With just one click, you can:

- Find care and check costs
- Check all benefits
- See claims

Smart 

Sydney acts like a personal health guide, answering your questions and connecting you to the right resources at the right time. And you can use the chatbot to get answers quickly.

- Get answers even faster with our chatbot
- View and use digital ID cards

Personal

Get alerts, reminders and tips directly from Sydney. Get doctor suggestions based on your needs. The more you use it, the more Sydney can help you stay healthy and save money.

Already using one of our apps?
It's easy to make the switch. Simply download the Sydney app and log in with your Anthem username and password.

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Register Online at:
www.Anthem.com/CA

Download the mobile app by searching within your app store for:
Sydney Health

Manage Chronic Conditions

Feel your best ConditionCare

Let our health professionals help you live your best life

Do you or a covered family member have a long-term (chronic) health problem? ConditionCare is a program for you and there's no extra cost for you to join.

When you join ConditionCare, you'll get:

- 24-hour, toll-free access to a nurse who'll answer your questions.
- A health assessment by phone.
- Support from nurse care managers, pharmacists, dietitians, doctors and other health care professionals to help you reach your health goals.
- Educational guides, electronic newsletters and tools to help you learn more about your condition.

ConditionCare nurse care managers work with members who have:

- Asthma (pediatric or adult).
- Chronic obstructive pulmonary disease (COPD).
- Coronary artery disease (CAD).
- Diabetes, types 1 and 2 (pediatric or adult).
- Heart failure (HF).

We may call to find out if ConditionCare can help you and ask you to sign up. To protect you, we'll verify your address or date of birth before talking about your health. Rest assured, the information you share is always confidential and will only be used to help you with your health.

CUSTOM TEXT MESSAGE GOES HERE



Get help taking care of your health
To learn more or to join ConditionCare, call us toll free at 800-522-5560.



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ConditionCare Program

ConditionCare **helps members like you maximize your health status and improve your health's outcome by addressing many chronic conditions that often need extra care.**

ConditionCare **provides participants and their covered family members with toll-free 24 hour access to registered nurses – support that's backed by a comprehensive clinical team of pharmacists, dietitians, and exercise physiologists.**

ConditionCare **also delivers an array of targeted educational and self-management tools designed to help members avoid unnecessary doctor's office visits and hospitalizations.**

(800) 522-5560

Speak with a Nurse Anytime



Get round-the-clock peace of mind

24/7 NurseLine has you covered anytime, anywhere

Whether it's 3 a.m. or a lazy Sunday afternoon with the family, health issues can crop up at the most inconvenient times and places.

What if you had a nurse in your back pocket—someone knowledgeable you could talk to any time of the day or night, 365 days a year?

That's why Anthem Blue Cross (Anthem) offers 24/7 NurseLine, a resource you call when life throws you a curve ball.

While 24/7 NurseLine may be your first line of defense for the unexpected, it's also part of Anthem's whole-health approach. The registered nurses can help you with your baby's fever, give you allergy relief tips and advise you where to go for care.



They can also:

- Help you find providers and specialists in your area.
- Give you referrals to LiveHealth Online, a tool that allows you to have live video chats with board-certified doctors using a smartphone, tablet or computer and webcam.*
- Enroll you and your dependents in valuable health management programs for certain health conditions.
- Remind you about scheduling important screenings and exams, including dental and vision checkups.
- Provide guidance during natural catastrophes and health outbreaks.
- Offer links to health-related educational videos or audio topics.

24/7 NurseLine can connect you to Anthem's other health and wellness programs, so you have access to the best resources for the best health results.

**Got health questions?
Answers are at your fingertips.
Add the customer service number on
your ID card to your contacts today!**

*The phone is only a virtual support system and does not replace a doctor's care. LiveHealth Online is available only when the phone service is available. Health services are not available for all members. A small amount of time may be required to complete the enrollment process. © 2015 Anthem Blue Cross. All rights reserved. For more information, visit [antheonline.com](#).

24/7 NurseLine

Health concerns don't follow a predictable 9-to-5 schedule.

But with 24/7 NurseLine members can get information any time of the day or night.

Through one-on-one counseling with registered nurses at a convenient toll-free number, callers can make more informed decisions about the most appropriate and cost-effective use of their health care services.

(800) 700-0196



Support for Expecting Mothers

Nine months. Many questions. Future Moms can help — any time, any day

Having a healthy baby is every mom's goal. And it starts with a healthy pregnancy. You want to make the right choices and take care of yourself so you can reach that goal. But it's not always easy to do it alone.

That's why there's Future Moms. It's a program that can answer your questions, help you make good choices and follow your health care provider's plan of care. And it can help you have a safe delivery and a healthy child.

Sign up as soon as you know you're pregnant. Just call us toll free at 866-664-5404. One of our registered nurses will help you get started. You'll get:

- A toll-free number you can use to talk to a nurse coach any time, any day, about your pregnancy. A nurse may also call you from time to time to see how you're doing.
- A book that shows changes you can expect for you and your baby during the next nine months.
- A screening to check your health risk for depression or early delivery.
- Other useful tools to help you, your doctor and your Future Moms nurse keep track of your pregnancy and help you make healthier choices.
- Free phone calls with pharmacists, nutritionists and other specialists, if needed.
- A booklet with tips to help keep you and your new baby safe and well.
- Other helpful information on labor and delivery, including options and how to prepare.



It's easy to join

Sign up for Future Moms by calling us toll free at 866-664-5404. There's no extra cost to you.



Future Moms is a program of Anthem Blue Cross and Anthem Blue Cross of Indiana. Anthem Blue Cross and Anthem Blue Cross of Indiana are not affiliated with any other company or organization. Anthem Blue Cross and Anthem Blue Cross of Indiana are not affiliated with any other company or organization. Anthem Blue Cross and Anthem Blue Cross of Indiana are not affiliated with any other company or organization. Anthem Blue Cross and Anthem Blue Cross of Indiana are not affiliated with any other company or organization.

Future Moms

Every pregnancy is different, so every mother-to-be can benefit from information and support. Expectant moms who are well-informed have the opportunity to make decisions that may result in healthier pregnancies and healthier babies.

Our specialized nurse health coaches are experienced in working with pregnant women. They have successfully supported more than 175,000 mothers-to-be with parental health concerns since the program began in 1989.

By providing engaging information to all participants at key points throughout their pregnancies, and making additional follow-up calls to women who appear to be at risk for pregnancy complications, Future Moms helps grow healthy families right from the start.

(866) 664-5404

Special Offers & Discounts

Live life to the fullest –
without paying full price



Save money with discounts at anthem.com/ca

Saving money is good. Saving money on things that are good for you – that's even better. With SpecialOffers@AnthemSM, you can get discounts on products and services that help promote better health and well-being.* It's just one of the perks of being a member. Check out how much you can save:

Vision and hearing

1-800 CONTACTSSM – Get contact lenses quick and easy – plus discounts only available to Anthem members, like \$20 off when you spend \$100 or more and free shipping.

Glasses.comSM – Get the latest, brand-name frames for just a fraction of the cost at typical retailers – every day. Plus, you get an additional \$20 off orders of \$100 or more, free shipping and free returns.

Premier LASIK – Save 15% on LASIK with all in-network providers. Prices are as low as \$695 per eye with select providers.

Amplifon – Get a low-price guarantee with the seven top companies that work with Amplifon. Save \$50 on one hearing aid or \$125 on two. Plus, get a three-year repair/loss/damage warranty and a free two-year supply of batteries.

BeltonaSM – Get hearing screenings and in-home service at no additional cost, and up to 50% off all Beltona hearing aids.



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Fitness and health

Jenny CraigSM – Join Jenny Craig and get a 30-day trial at no additional cost and 50% off enrollment.

LindoraSM – Save 20% on weight-loss programs.

SelfHelpWorks – Choose one of the online LIVING programs and get a 40% discount to help you lose weight, stop smoking, manage stress or face an alcohol problem.

GlobalFitSM – Save on gym memberships, home fitness equipment and GlobalFit's Virtual Gym.

ChooseHealthySM – Get preferred pricing on fitness club memberships and a one-week free trial. Enjoy discounts on acupuncture, chiropractors and massage – plus 40% off certain wellness products.

FITOrbitSM – Get your own personal trainer for less than \$2 a day. Fitness legend Jake Steinfield (Body by JakeSM) created FITOrbit – giving everybody the ability to afford a personal trainer.

Performance Bicycle – Get \$20 off a purchase of \$80 or more in store or online.

Check out more SpecialOffers@AnthemSM on the other side.

SpecialOffers@AnthemSM
on anthem.com/ca

Family and home

Safe BeginningsSM – Babyproof your home while saving 15% on everything from safety gates to outlet covers.

VPI Pet Insurance – Get 5% off pet insurance. Get peace of mind knowing that you have help paying the medical costs for your pet's accidents, illnesses and routine medical care.

ASPCA Pet Health Insurance – Get 5% off pet insurance. You can choose from three levels of care, including flexible deductibles and custom reimbursements.

LinkWell – Get coupons for healthier products.

WINFertilitySM – Save up to 40% on infertility treatment. WINFertility helps make quality treatment affordable.

LifeMartSM – Get great deals on beauty and skin care, diet plans, fitness club memberships and plans, personal care, spa services and yoga classes, sports gear and vision care.

Medicine and treatment

Puritan's Pride – Save 10% and get free shipping on a large selection of vitamins, minerals, herbs, supplements and much more.

MuradSM – Save \$25 and get a free gift with any purchase of \$100 or more on skin care products.

Allergy Control products – Save 25% on Allergy Control encasings for your bed. Plus, save 20% on a variety of doctor-recommended products for a healthier home and enjoy free shipping on orders of \$150 or more.

National AllergySM supply – Save 15% on mattress encasings, air filtration products, compressors and other products that can help relieve your allergy, asthma and sinus symptoms.

To find the discounts that are available to you, log in to anthem.com/ca and select Discounts.



* All discounts are subject to change without notice.

Some discounts require you to be an Anthem member. Some discounts are available only to Anthem members. Some discounts are available only to Anthem members who are also members of the Blue Cross of California.

Anthem Blue Cross is the leading provider of Blue Cross of California. Anthem Blue Cross and Anthem Blue Cross Health Insurance Company are independent members of the Anthem Blue Cross of California. WINFertility is a registered trademark of WINFertility Insurance Company, Inc. The Blue Cross name and logo are registered marks of The Blue Cross of California.

anthem.com/ca



Online Doctor & Psychologist Visits Anytime



LiveHealth Online
Easy, fast doctor visits. All from the comfort of your own computer or mobile device.

Talk to a doctor today, tonight, anytime - 365 days a year. Just enroll at livehealthonline.com or on the free, mobile app.

Download the app now!

apple.com



play.google.com/store



LiveHealth[®]
O N L I N E

LiveHealthOnline.com

LiveHealth Online uses two-way video to connect you with U.S. board certified doctors over the Internet. Plus, you can see a doctor on the go, right from your mobile device. Doctors can answer your questions, make a diagnosis and even prescribe basic medications, if you need them. Also, if you're feeling stressed, worried or having a tough time, you may need someone to speak with. Now, you can see a licensed Therapist using LiveHealth Online Psychology from your home or wherever you have Internet access.

(855) 603-7985