

MARCUS A. RODRIGUEZ

CURRICULUM VITAE

EDUCATION

Doctoral Internship, Harvard Medical School / McLean Hospital Supervisors: Thröstur Björgvinsson & Phil Levendusky	2018
Ph.D., Clinical Psychology, Duke University Chair: Zachary Rosenthal	2018
M.S., Clinical Psychology, Peking University Chair: Mingyi Qian [钱铭怡]	2010
B.A., Psychology and Religion, Pepperdine University	2003

CURRENT POSITIONS

Clinical Director, Youth and Family Institute, Los Angeles, CA	2022 - present
Associate Professor [tenured], Pitzer College, Claremont, CA	2018 - present
Founder and Director, Global Mental Health Lab, Claremont, CA	2018 - present
Trainer and Consultant, Behavioral Tech, Seattle, WA	2016 - present

PAST APPOINTMENTS

Advisor Member, ISITDBT Antiracism Committee	2021 - 2023
Founding Member, ISITDBT Antiracism Committee	2021 - 2023
Clinical Director, Boston Child Study Center, Los Angeles, CA	2018 - 2022
Adjunct Instructor, Peking University, Beijing, China	2018 - 2019
Graduate Instructor, Duke University, Durham, NC	2015
Adjunct Instructor, Pepperdine University, Malibu, CA	2012, 2013
Visiting Faculty, Fudan University, Shanghai, China	2010 - 2012
Visiting Faculty, Yangtze University, Jingzhou, China	2003 - 2005

PUBLICATIONS

Peer-reviewed Journal Articles

Ke, XY, Huang, A, Gan KY, Xu, J, Qian, YX, ... **Rodriguez, M. A.** (in press) Culturally Adapted DBT Parent Coaching for Chinese Families of Adolescents with Mental Disorders: A Mixed-Methods Feasibility Study. *BMC Psychology*.

- Ren, J., Xiong, N., Liu, Q., Su, H., **Rodriguez, M. A.** Wang, Y., Fan, T. (2026) Perceived stress and depression in Chinese university students: A parallel mediation analysis examining the roles of insomnia and somatic symptoms. *Frontiers in Psychology*. DOI: 10.3389/fpsyg.2026.1847914
- Rombaoa, J., Heshmati, S., Owen, T. & **Rodriguez, M. A.** (2025) Prioritizing Lifestyle Factors for Effective Emotion Regulation: A Daily Study on First-Year College Students' Well-Being During COVID-19. *Emerging Adulthood*, 13(4), 1065-1081.
- Jiang, Q., Zhu, Y., **Rodriguez, M. A.**, Wen, X., & Qian, M. (2022) Social anxiety does not impair attention inhibition: an emotion anti-saccade task. *Journal of Behavior Therapy and Experimental Psychiatry*, 77, 101776.
- Yao, N., Yang, Y., Jiang, Y., & **Rodriguez, M. A.** (2022) Intolerance of uncertainty relates to anxiety and depression through maladaptive coping and worry: Evidence from repeated-measures research. *International Journal of Cognitive Therapy*, 15, 42-56.
- Rodriguez, M. A.**, Eisenlohr-Moul, T., Weisman, J., & Rosenthal, M. Z. (2021) Improving Treatment Engagement in an Online Mindfulness Intervention among Chinese College Students. *Journal of Medical Internet Research*, 5(10), e25772.
- Weisman, J. & **Rodriguez, M. A.** (2021) A Systematic Review of Medical Students' and Professionals' Attitudes and Knowledge regarding Medical Marijuana. *Journal of Cannabis Research*, 3(1), 47.
- Yu, S., **Rodriguez, M. A.**, Deng, X., & Liu, X. (2021). The Toronto Mindfulness Scale: Psychometric Properties of the Chinese Version. *Mindfulness*, 12, 1976-1984.
- Liu, D., **Rodriguez, M. A.**, Liu, W., & Zhang, J. (2021). The Mental Health Impacts of COVID-19 on Pediatric Patients Following Recovery. *Frontiers in Psychology*, 12, 628707.
- Wang, H., Zhao, Q., Mu, W., **Rodriguez, M. A.**, Qian, M. & Berger, T. (2020). The effect of shame on patients with social anxiety disorder in internet-based cognitive-behavioral therapy: Comparison clinical trial in China. *Journal of Medical Internet Research*. 7(7): e15797.
- Lin, L., Wang, K., Kishimoto, T., **Rodriguez, M. A.** et al. (2020). An internet-based intervention for individuals with social anxiety and different levels of Taijin Kyofusho in China. *Journal of Cross-Cultural Psychology*. 51(1), 387-402.
- Chen, H., **Rodriguez, M. A.**, Qian, M., Koshimoto, T., Lin, M. & Berger, T. (2020). Predictors of treatment outcomes and adherence in internet-based cognitive behavioral therapy for social anxiety in China. *Behavioral and Cognitive Psychotherapy*, 43(3), 291-303.
- Rodriguez, M. A.**, Eisenlohr-Moul, T., Su, K., Xiao, Z. & Rosenthal, M. Z. (2020). Using Non-Specialist Providers to Improve Treatment Engagement in an Online Mindfulness Intervention in China. *Behavior Research and Therapy*. 130, 103644. DOI: 10.1016/j.brat.2020.103644
- Yao, N., **Rodriguez, M. A.**, He, M., & Qian, M. (2019). The influence of visual working memory representations on attention bias to threat in individuals with high trait anxiety. *Journal of Experimental Psychology*, 10(4), 1-15.
- Xiao, Z., **Rodriguez, M. A.**, Fang, C., Rosenthal, M. Z., Robins, C. & Gao, J. (2019). The effect of patient education on Chinese adolescent and parental opinions about confidentiality. *The Journal of Behavioral Health Services & Research*, 46(2), 340-352.
- McKlinton, A., **Rodriguez, M. A.**, & Zerubavel, N. (2019). Mindfulness retreats: A systematic review and meta-analysis. *Mindfulness*, 10, 1443-1454.
- Neacsu, A., Fang, C., **Rodriguez, M. A.**, & Rosenthal, M. Z. (2018). Suicidal behavior and problems with emotion regulation. *Suicide and Life-Threatening Behaviors*, 48(1), 52-74.

- Xu, W., Liu, X. H., & **Rodriguez, M. A.** (2017). Mindfulness, self-acceptance and psychological symptoms in advanced gastrointestinal cancer patients in China. *Journal of Psych-oncology*, 26(12), 2157-2161.
- Huang, S., Zhang, Y., Yao, N., **Rodriguez, M. A.**, & Fan, F. (2017). Attentional training for social anxiety in college students. *Chinese Journal of Clinical Psychology*, 25(5), 986-990. [In Chinese]
- Rodriguez, M. A.**, Fang, C., Gao, J., Robins, C., & Rosenthal, M. Z. (2016). Perceptions of the limitations of confidentiality among Chinese mental health practitioners, adolescents and their parents. *Ethics and Behavior*, 26(4), 344-356.
- Zhang, N., Fan, F., Huang, S., & **Rodriguez, M. A.** (2016). Mindfulness training for loneliness among Chinese college students: A pilot randomized controlled study. *International Journal of Psychology*, 53(5), 373-378.
- Rodriguez, M. A.**, Xu, W., Wang, X., & Liu X. H. (2015). Self-acceptance mediates the relationship between mindfulness and stress. *Psychological Reports*, 16(2), 513-522.
- Turner, B., Dixon-Gordon, K., Austin, S., **Rodriguez, M. A.**, Rosenthal, M. Z., & Chapman, A. (2015). Non-suicidal self-injury with and without Borderline Personality Disorder: Differences in self-injury and diagnostic comorbidity. *Psychiatry Research*, 230(1), 28-35.
- Eisenlohr-Moul, T., Peters, J. R., Chamberlain, K., & **Rodriguez, M. A.** (2015). Weekly fluctuations in nonjudging predict borderline personality disorder symptom expression in women. *Journal of Psychopathology and Behavioral Assessment*, 38(1), 149-157.
- Xu, W., **Rodriguez, M. A.**, Zhang, Q., & Liu X. H. (2015). The mediating effect of self-acceptance in the relationship between mindfulness and peace of mind. *Mindfulness*, 6(4), 797-802.
- Neacsiu, A., Herr, N., Fang, C., **Rodriguez, M. A.**, & Rosenthal, M. Z. (2015). Identity disturbance and problems with emotion regulation are related constructs across diagnoses. *Journal of Clinical Psychology*, 71(4), 346-361.
- Gan, Y. Q., Wen, Y., Wang, J. Y., **Rodriguez, M. A.**, Gong, X. L., & Xie, X. F. (2014). Is expressive suppression an effective coping strategy? A study of Chinese rescue medical staff following an earthquake. *Asian Journal of Social Psychology*, 17(4), 264-276.
- Gan, Y. Q., Xie, X. F., Wang, T., **Rodriguez, M. A.**, & Tang, C. S. (2013). Thriving in the shadow of the 2008 Sichuan earthquake: Two studies on resilience in Adolescents. *Journal of Health Psychology*, 18(9), 1232-1241.
- Rodriguez, M. A.**, Qian, M., & Jia, K. (2012). White Bear Suppression Inventory: Structure, reliability and validity of the Chinese version. *Chinese Journal of Clinical Psychology*, 2, 143-147. [In Chinese]
- Rodriguez, M. A.**, Gao, J., Qian, M. Y., & Xiao, Z. (2012). A comparison of the effects of suppression and acceptance on affect outcomes and attributions of responsibility. *Chinese Journal of Clinical Psychology*, 3, 356-359. [In Chinese]
- Deng, Y. Q., Liu, X. H., **Rodriguez, M. A.**, & Xia, C. Y. (2011). Five facet mindfulness questionnaire: Psychometric properties of the Chinese version. *Mindfulness*, 2(2), 123-128.
- Rodriguez, M. A.**, Lin, J. Y., Qian, M. Y., & Yang, X. Y. (2011). When should confidentiality be breached to report adolescent risk-taking behavior? A comparison between parents and psychologists in China. *Chinese Mental Health Journal*, 25(9), 655-657. [In Chinese]
- Rodriguez, M. A.**, Qian, M. Y., Gao, J., & Xiao, Z. (2010). Validation of the Thought-Action Fusion Scale among Chinese college students. *Chinese Mental Health Journal*, 24(11), 859-863. [In Chinese]

Qian, M. Y., Gao, J., Yao P., & **Rodriguez, M. A.** (2009). Professional ethical issues and the development of professional ethical standards in counseling and clinical psychology in China. *Ethics and Behavior*, 19, 290–309.

Books

Yang, K. & **Rodriguez, M. A.** (2024) Understanding and Using Dialectical Behavior Therapy in the Treatment of Borderline Personality Disorder. *Sichuan Science and Technology Press*.

Book Chapters

Rosenthal, M. Z., & **Rodriguez, M. A.** (2017). Dialectical Behavioral Therapy. In B.J. Shaddock, V. A. Shaddock, & P. Ruiz, (Eds.), *Comprehensive Textbook of Psychiatry, 10th ed.* Philadelphia, PA: Lippincott Williams & Wilkins.

Children's Picture Books

Wadsworth, L. P., & **Rodriguez, M. A.** (2021). *What Makes You, You?* Haugesnud, Norway: Voodoo Lily Publishing.

Manuscripts under Review

- Li, Z., Li, H., Xiao, Z., Wu, Z., Xu, Z., Zhang, L., Wang, M., **Rodriguez, M. A.**,... (under review) One-Year Effectiveness and Predictors of Response to Dialectical Behavior Therapy Skills Training for Non-Suicidal Self-Injury: A Randomized Clinical Trial.
- Ni, F., Wu, S., Liang, M., Liu, C., Zhang, P., Zhang, D., **Rodriguez, M. A.**,... (under review) Effectiveness of 13-week dialectical behavior therapy skills training for non-suicidal self-injury: a multi-center randomized clinical trial in China. *Lancet Psychiatry*.
- Li, J., Ni, F., Tao, Y., Xie, Y., Tang, E., Wu, Z., Liang, M., Zhang, P., **Rodriguez, M. A.**... (under review) Attentional Control as a Mechanism Underlying Non-Suicidal Self-Injury: Evidence from a Longitudinal Intervention. *Psychiatry and Clinical Neurosciences*.

CONFERENCE PRESENTATIONS

Panel & Symposia Presentations (13)

Zalewski, M., Forsythe Cox, V., Yaeger, A., Vijay, A., Blumkin, Z., Granato, H., Maliken, A., Murray, A., & **Rodriguez, M.A.** (November 2023). DBT Clinical Grand Round: Exploring the Four Modes of Treatment Through a Live Demonstration. Invited clinical grand rounds at ABCT Convention, Seattle WA.

Kamal, F. & **Rodriguez, M.A.** (October 2022). Antiracist group therapy principles and strategies. Workshop at LA County Psychological Association (LACPA). [Virtual]

Rodriguez, M.A. (November 2020). Research and Social Justice. Panel at the Mellon Mays Undergraduate Fellowship West Coast Regional Conference.

Rodriguez, M.A. & Xiao, Z. (March 2019). Global mental health strategies and strengths: Technology, task-shifting and groups. CAPS Conference, Dallas, TX.

- Idiculla, T., Allison, S., & **Rodriguez, M.A.** (March 2019). Cross-cultural mental health. Panel at CAPS Conference, Dallas, TX.
- Rodriguez, M.A.**, & Worden, P. (November 2018). DBT Bootcamp: Partial hospital programs for adolescents. ISITDBT Annual Conference, Washington, DC.
- Rodriguez, M.A.**, Nock, M., & Teachman, B. (November 2018). The opportunities and limitations of digital interventions for emotional difficulties. Panel at ABCT Annual Convention, Washington, DC.
- Rodriguez, M.A.** (May 2018). Measuring treatment engagement in evidence-based therapies for diverse patient populations. APS Annual Convention, San Francisco, CA.
- Rodriguez, M.A.**, Xiao, Z., Li, W., McMahan, K., & Rosenthal, M. (November 2017). Understanding issues of engagement in CBT among hard-to-reach populations using culturally informed approaches. Symposium at ABCT Convention, San Diego, CA.
- Henriquez, S., Bolden, L., & **Rodriguez, M.A.** (November 2015). Cultural Diversity in DBT. Symposium at ISITDBT Annual Conference, Chicago, IL.
- McMahon, K., Neacsiu, A., Fang, C., **Rodriguez, M.A.**, & Rosenthal, M.Z. (November 2017). Sitting with Distress: Which skills are adaptive during exposure to negative emotions? Symposium at ABCT Annual Convention, San Diego, CA.
- Rivenbark, J., **Rodriguez, M.A.**, & Kohrt, B. (October 2015). Systematic review of task-sharing mental health care in low- and middle-income countries: With whom is the task shared? Roundtable at American Public Health Association, Chicago, IL.
- Proulx, J., **Rodriguez, M.A.**, Poole, B., & Beck, A. (August 2014). Disparities in ethnic minority research. Symposium at APA Annual Convention, Washington, DC.
- Huang, S., **Rodriguez, M.A.**, & Fan, F. (November 2013). Attentional bias and implicit social anxiety. Symposium at Chinese Academic Conference of Psychology, Nanjing, China.

Paper Presentations (5)

- Rodriguez, M.A.**, Fang, C., Kopilas, V., Gutierrez, N., & Rosenthal, M.Z. (August 2016). Mindfulness interventions delivered via technology. APA Convention, Denver, CO.
- Rodriguez, M.A.**, Thomas, T., Kopilas, V., & Moriarty, G. (July 2016). Does it matter if you're black or white? Utilization and treatment outcomes in an online emotional support program. APA Division 45 Research Conference, Stanford, CA.
- Yang, Y., & **Rodriguez, M.A.** (August 2015). Is intrinsic spirituality always better? A cross-cultural study of intrinsic and extrinsic spirituality. International Association for the Psychology of Religion Conference, Istanbul, Turkey.
- Rodriguez, M.A.**, & Rosenthal, M.Z. (August 2014). Can brief psychoeducation change Chinese adolescents' and parents' perceptions of therapeutic confidentiality? APA Annual Convention, Washington, DC.
- Rodriguez, M.A.**, Gan, Y., Xie, X., Wang, T., & Tang, C. (April 2012). A longitudinal study on the role of resilience among adolescent earthquake survivors. ADAA Annual Conference, Arlington, VA.

Posters Presentations (68)

- Rodriguez, J, Bie, J, & **Rodriguez M.** (2025). Childrens' perceptions of the Function and Valence of Emotions. European DBT Congress, Gdansk, Poland.

- Auslander, A., Juan, A., **Rodriguez, M. A.**, Johnson, A., (2025). AI-Enhanced Training and Burnout Assessment for Community Mental Health Workers. APHA Annual Meeting, Washington DC.
- Bartholomew, T., **Rodriguez, M. A.**, Ojeda, P., Abadi, T., Anderson, R., Brown, L., Kaur, M., Sterling, A., Sweet, E., & Polynice, E., (April 2025). Definitions of Trauma amongst college enrolled emerging adults. ADAA Annual Convention, Las Vegas, NV.
- Williams, C., Mann, S., **Rodriguez, M. A.**, O'Connor, K., & Davis-Bosch, L. (November 2023). Adolescent perception of parental validation and difficulties with emotion regulation: The Ways of Validating Scale. ABCT Annual Convention, Seattle, WA.
- Mann, S., Rombaoa, J.P., Duggal, T., Heshmati, S., and **Rodriguez, M.A.** (November 2023). Use of DBT Emotion Regulation Skills and Momentary Positive and Negative Affect: First-Year College Students' Daily Lives During COVID-19. ABCT Annual Convention, Seattle, WA.
- Mann, S., Rombaoa, J.P., Duggal, T., Heshmati, S., and **Rodriguez, M.A.** (November 2023). Trait Level Mindfulness and Usage of ABC PLEASE Skills in Daily Life. ISITDBT Annual Conference, Seattle, WA.
- Wang, Y., Mann, S., **Rodriguez, M.A.**, Wang, C., & Rosenthal, Z. (November 2023). Efficacy of Dialectical Behavioral Therapy for Non-suicidal Self-injury Behavior: A Multicenter Randomized Clinical Trial. ISITDBT Annual Conference, Seattle, WA.
- Wang, Y., Mann, S., Duggal, T., Rosenthal, Z., **Rodriguez, M.A.**, Wang, C. (October 2023). The Impact of Paternal Relationship on Treatment Efficacy of Self Injurious Behaviors. Los Angeles County Psychological Association (LACPA).
- Lim, H., Li, Y., Mann, S., Petit, D., & **Rodriguez, M.A.** (November 2022) Self compassion and self-esteem mediate the relationship between parental validation and stress. ABCT Annual Convention, New York, NY.
- Mann, S., Li, Y., Lim, H., Petit, D., & **Rodriguez, M. A.** (October 2022). Self Esteem Mediates the Relationship Between Parental Validation and Depression. Los Angeles County Psychological Association (LACPA), Los Angeles, CA.
- Ledbetter, J., Moore, D. & **Rodriguez, M.A.** (May 2022) The Effect of Visualization on Sports-Related Anxiety and Overall Well-Being in Collegiate Athletes. APS Annual Convention.
- Li, Y., Cary, A., & **Rodriguez, M.A.** (May 2022) A One-Week Self-Guided Self-Compassion Intervention for College Students in the U.S. and China. APS Annual Convention.
- Mann, S., Chassman, P., Poosala, P., Heshmati, S., Rodriguez, M. A., & Rombaoa, J. (May 5th 2022). Emotional Regulation, Well-Being, Mindfulness and Neuroticism in First Year Students. Pitzer Academic Festival, Claremont, CA.
- Duggal, T., Mann, S., & **Rodriguez, M.A.** (May 2022). Psychometric Validation of the Ways of Validating Scale (WOVS) with Chinese Parent-Adolescents Dyads. Pitzer Academic Festival, Claremont, CA.
- Li, Y., Zhang, J., Cary, A., & **Rodriguez, M.A.** (February 2022) The effect of a Self-Compassion training on Chinese College Students: A randomized controlled experiment. Society for Cross-Cultural Research: APA Division 52 Conference [Virtual].
* This poster was awarded best student research for 2022 conference.
- Williams, C., Buehrer, N., Ho, J., Ma, J., & **Rodriguez, M. A.** (August 2021). Psychometrics of the Parental Validation Scale. APA Conference [Virtual].
- Zuniga, J., Kreppel, E., Ledbetter, J., Chin, K., & **Rodriguez, M. A.** (August 2021). Meta-Analysis of Peer-Counseling on Youth Mental Health. APA Conference [Virtual].

- Horseman, R., Challman, K., **Rodriguez, M. A.**, & Chu, J. (August 2021) Psychophysiological mechanisms of social cognition and functioning in psychotic-like experiences. APA Conference [Virtual].
- Ho, J., Buehrer, N., Ledbetter, J., **Rodriguez, M. A.**, & Rodriguez, N. (August 2021). The Relationship Between Ways of Coping, Validation, and Mental Health Outcomes. APA Annual Convention [virtual].
- Buehrer, N., Chin, K., Hwang, J., **Rodriguez, M. A.**, & Rodriguez, N. (August 2021). Social Reaction to Trauma Disclosure: Validation and Invalidation as Predictors of Survivors Outcomes. APA Annual Convention [virtual].
- Paolo-Rombaoa, J., Heshmati, S., **Rodriguez, M. A.**, et al. (July 2021). Daily well-being and ABC PLEASE skills during COVID-19. International Positive Psychology Association World Congress [virtual].
- Ledbetter, J. & **Rodriguez, M. A.** (May 2021). The Effects of Dialectical Behavior Therapy PLEASE skills on the Mood and Disordered Eating. APS Annual Convention [virtual].
- Buehrer, N., Keller, M., **Rodriguez, M. A.**, & Rodriguez, N. (May 2021). Invalidation as a Predictor of Help-Seeking Behaviors and Mental Health Outcomes Among Survivors of Sexual Violence. APS Annual Convention [virtual].
- Li, Y. & **Rodriguez, M. A.** (November 2020). The effects of a one-week DBT skills and peer-counseling training course on depression stress and anxiety among college students in China. ISITDBT annual conference [virtual].
- Li, Y. & **Rodriguez, M. A.** (November 2020). The effect of peer-counseling training based on DBT: A one-year follow-up study. ISITDBT annual conference [virtual].
- Weisman, J., Liu, D., Wen, J., & **Rodriguez, M.A.** (October 2020). The Mental Health Impacts of COVID-19 on Pediatric Patients Following Recovery. New England Psychological Association, Northeast Conference. [Virtual]
- Weisman, J., Yu, S., Deng, Y., Liu, X., & **Rodriguez, M.A.** (October 2020). The Toronto Mindfulness Scale: Psychometric Properties of the Chinese Version. New England Psychological Association, Northeast Conference. [Virtual]
- Weisman, J., **Rodriguez, M.A.**, & Gilman S. (February 2020). A systematic review of medical professionals' attitudes and knowledge about medical cannabis: Comparing across six countries. Society for Cross-Cultural Research: Division 52 Conference, Seattle, WA.
* This poster was awarded best student research for 2022 conference.
- Rodriguez, M.A.**, Yuan, H., Eisenlohr-Moul, T., & Rosenthal, M.Z. (November 2018). Peer-counseling reduces attrition in an online intervention in China. Technology in Psychiatry Summit, Boston, MA.
- Rodriguez, M.A.**, Su, K., Xiao, Z., & Rosenthal, M.Z. (May 2018). The Use of Task-Sharing to Improve Treatment Engagement in an Online Mindfulness Intervention for Stress and Anxiety Among Chinese College Students. APS Annual Convention, San Francisco, CA.
- Rodriguez, M. A.**, Xiao, Z., Li, W., McMahon, K., & Rosenthal, M. (November 2017). Selecting, training and supervising peer-counselors to improve treatment engagement in an online intervention in China. ABCT Annual Convention, San Diego, CA.
- Smith, A., Yeargin, J., Granato, H., **Rodriguez, M.A.**, Wollesen, M., Scott, S., & McFarr, L. (November 2017). Singular vs. Multiple Self Inflicting Behaviors and Trauma as Predictors of Suicidal Urges and Behavior in DBT. ISITDBT Annual Conference, San Diego, CA.
- Levy, J., McClintock, A., **Rodriguez, M.A.**, & Zerubavel, N. (November 2017). Systematic review and meta-analysis of mindfulness retreats. ABCT Convention, San Diego, CA.

- Li, W., **Rodriguez, M.A.**, & Liu, X. (November 2017). Systematic review of mindfulness-based interventions for perinatal women. ABCT Annual Convention, San Diego, CA.
- Smith, A., Yeargin, J., Granato, H., **Rodriguez, M.A.**, Wollesen, M., Scott, S., & McFarr, L. (November 2017). Trauma as a Moderator Between Multiple Methods of Self Harm and Suicidal Urges and Behavior in DBT. ISITDBT annual conference, San Diego, CA.
- McMahon, K., **Rodriguez, M.A.**, Li, B., & Rosenthal, M.Z. (June 2017). Promoting Mindfulness in Daily Life: A Pilot Study of Smartphone Mindfulness Reminders in a Chinese Population. Mind and Life Summer Research Institute, Garrison, NY.
- Rodriguez, M.A.**, Kopilas, V., Wollesen, M., Higier, R., & McFarr, L. (October 2016). Predictors of DBT diary card completion and outcomes over the course of treatment. ABCT Annual Convention, New York, NY.
- Smith, A., **Rodriguez, M.A.**, Yeargin, J., Scott, S., Sisneros, N., Ravid, D., Wollesen, M., & McFarr, L. (October 2016). Types of self-harm in relation to suicidal urges and behavior. Suicide and Self-harm SIG at the ABCT Annual Convention, New York, NY.
- Rodriguez, M.A.**, Fang, C., Ramaiya, M., Kodama, K., & Rosenthal, M.Z. (October 2016). Does Persuasive System Design predict attrition and adherence to online mindfulness- and acceptance-based interventions?. ABCT Annual Convention, New York, NY.
- Wollesen, M., **Rodriguez, M.A.**, Higier, R., & McFarr, L. (October 2016). The association between DBT diary card completion and treatment outcomes. ABCT Annual Convention, New York, NY.
- Rodriguez, M.A.**, Eisenlohr-Moul, T., & McFarr, L. (October 2016). Shame and day of the week predict self-harm and suicidal urges. DBT Strategic Planning Meeting, Seattle, WA.
- Smith, A., **Rodriguez, M.A.**, Scott, S., & McFarr, L. (October 2016). Which self-harm behaviors are most predictive of suicidal behavior? DBT Strategic Planning Meeting, Seattle, WA.
- Rodriguez, M.A.**, Fang, C., Ramaiya, M., Kopilas, V., & Rosenthal, M.Z. (May 2016). A systematic review of contemplative-based interventions delivered via technology. Mind and Life Summer Research Institute, Garrison, NY.
- Rodriguez, M.A.**, Ramaiya, M., Fang, C., Gutierrez, N., & Rosenthal, M.Z. (May 2016). Meta-analysis of adherence and attrition outcomes in online mindfulness- and acceptance-based interventions. APS Annual Convention, Chicago, IL.
- Rodriguez, M.A.**, & Gao, J. (May 2016). The role of emotions in the relationship between leisure activity and job satisfaction. APS Annual Convention, Chicago, IL.
- Zhang, N., Huang, S., **Rodriguez, M.A.**, & Fan, F. (March 2016). Can mindfulness meditation reduce loneliness in Chinese college students?: A randomized controlled trial. Society for Research on Adolescents Biennial Meeting, Baltimore, MD.
- Kopilas, V., **Rodriguez, M.A.**, Eisenlohr-Moul, T., Snyder, J., & McFarr, L. (November 2015). The effect of shame and day of the week on self-harm and suicidal urges: a DBT diary card study. ISITDBT Annual Conference, Chicago, IL.
- Kopilas, V., **Rodriguez, M.A.**, Ravid, D., Hansell, L., & McFarr, L. (November 2015). The effect of emotion dysregulation on suicidal ideation and self-harm urges as measured on DBT diary cards. ISITDBT Annual Conference, Chicago, IL.
- Rodriguez, M.A.**, Gutierrez, N., & Liu, X. (November 2015). Examining the influence of personality on a mindfulness-based intervention. ABCT Convention, Chicago, IL.
- Fang, C., McMahon, K., **Rodriguez, M.A.**, Herr, N., & Rosenthal, M. (November 2015). The differential impact of autobiographical events on physiological reactivity and habituation in a transdiagnostic sample with high emotion dysregulation. ABCT Convention, Chicago, IL.

- Li, B., **Rodriguez, M.A.**, Hu, X., & Rosenthal, M.Z. (May 2015). The effects of text message based mindfulness reminders on emotional functioning among a sample of students in China. APS Annual Convention, New York, NY.
- Rodriguez, M.A.**, Rivenbark, J., & Kohrt, B. (May 2015). Systematic Review of Global Mental Health Task-Sharing Training Initiatives in Low and Middle Income Countries. APS Annual Convention, New York, NY.
- Kang, M., Fang, C., Neacsiu, A., Strong, D., Herr, N., **Rodriguez, M.A.**, & Rosenthal, M.Z. (November 2014). Specific and Nonspecific Factors Associated with Treatment Compliance. ABCT Annual Convention, Philadelphia, PA.
- Tran, T., **Rodriguez, M.A.**, Fang, C., Neacsiu, A., & Rosenthal, M.Z. (November 2014). Causal Attributions Predict Physiological Stress Reactivity. ABCT Convention, Philadelphia, PA.
- Rodriguez, M.A.** (September 2014). Implications of within-person variability in mindfulness on psychopathology. Conference of Ford Fellows, Irvine, CA.
- Xu, W., **Rodriguez, M.A.**, Zhang, Q., & Liu X. (August 2014). Self-acceptance, mindfulness and peace of mind: Testing a mediation model among Chinese college students. APA Annual Convention, Washington, DC.
- Fang, C., Neacsiu, A., **Rodriguez, M.A.**, Hernandez, K., & Rosenthal, M.Z. (November 2013). The role of emotion regulation in suicide attempts in major depressive disorder. ABCT Annual Convention, Nashville, TN.
- Fang, C., **Rodriguez, M.A.**, Hernandez, K., & Rosenthal, M.Z. (November 2013). Functions of suicide attempts in major depressive disorder with and without borderline personality disorder. ABCT Annual Convention, Nashville, TN.
- Jenkins, M., Larrauri, J., Fisher, R., Fang, C., **Rodriguez, M.A.**, & Rosenthal, M.Z. (November 2013). Differences in emotional responding to personalized standardized calming digital media. ABCT Annual Convention, Nashville, TN.
- Rodriguez, M.A.**, Fang, C., Neacsiu, A., Hernandez, K., & Rosenthal, M.Z. (November 2013). The role of PTSD in adults with major depressive disorder and a history of suicide attempts. ABCT Annual Convention, Nashville, TN.
- Rodriguez, M.A.**, Liu, X., & Wang, X. (May 2013). Self-acceptance mediates the relationship between mindfulness and stress. APS Convention, Washington, D.C.
- Li, S. W., **Rodriguez, M.A.**, Qian, M., et al. (November 2012). Cues of negative evaluation cause attentional bias in social anxiety: Evidence from a modified dot-probe paradigm. ABCT Annual Convention, National Harbor, MD.
- Rodriguez, M.A.**, Gao, J., & Xiao, Z. (August 2011). The role of thought suppression in mediating the relationship between rumination and depressive suicidality in a Chinese sample. APA Annual Convention, Washington, DC.
- Rodriguez, M.A.**, Qian, M., & Xiao, Z. (August 2011). Attitudes toward Confidentiality: Comparisons between Clinical/Counseling Psychologists and Parents of Adolescents in China. APA Annual Convention, Washington DC.
- Rodriguez, M.A.**, Gan, T., & Xiao, Z. (March 2011). Obsessive-Compulsive Inventory: Structure, reliability and validity of the Chinese version in a student sample. ADAA Annual Conference, New Orleans, LA.
- Rodriguez, M.A.**, Xiao, Z., & Qian, M. (March 2011). The effects of suppression and acceptance of personally significant versus relatively unimportant intrusions on affect outcomes and attributions of responsibility. ADAA Conference, New Orleans, LA.
- Rodriguez, M.A.**, Qian, M., & Gao, J. (August 2010). Thought-Action Fusion, Religious Orientation and Shame in China. APA Annual Convention, San Diego, CA.

- Rodriguez, M.A.**, Qian, M., & Wang, T. (June 2010). Thought suppression in anxiety and depression. APA Division 45 Research Conference, Ann Arbor, MI.
- Rodriguez, M.A.**, & Qian, M. (March 2010). Thought-action fusion: A cognitive bias underlying the development of OCD. Annual Chinese National Convention for CBT, Chengdu, China.

CLINICAL EXPERIENCE

Youth and Family Institute – Los Angeles, CA Mental Health Treatment, Training and Research	2022 – present
Boston Child Study Center – Los Angeles, CA Intensive Outpatient Program for suicidal and high-risk adolescents Supervisor: Dr. Ryan Madigan	2018 – 2022
Harvard Medical School / McLean Hospital, Belmont, MA Residential and Partial Hospitalization Programs for adults and adolescents Supervisors: Drs. Tröstur Björgvissón and Phillip Levendusky	2017 – 2018
Two Brattle Center, Cambridge, MA Private practice clinic providing Dialectical Behavior Therapy (DBT) Supervisor: Dr. Joan Wheelis	2017 – 2018
DBT California / Harbor-UCLA Medical Center, Los Angeles, CA Private practice clinic for adults and adolescents Supervisors: Drs. Lynn McFarr and Julie Snyder	2015 – 2016
Central Regional Hospital, Butner, NC Long-term inpatient psychiatric hospital (Adolescent Unit) Supervisor: Dr. Scott Schwartz	2014 – 2015
Duke Global Health Institute, Durham, NC Psychodiagnostic assessments and neuropsychological testing Supervisor: Dr. Christina Meade	2013 – 2014
Duke University Psychology Clinic, Durham, NC Psychology Department clinic for adults and couples Supervisor: Dr. Ronald Batson	2013 – 2014
Duke University Medical Center, Durham, NC Outpatient Cognitive Behavioral Therapy (CBT) clinic Supervisors: Drs. Clive Robins, Noga Zerubavel, and Zachary Rosenthal	2012 – 2015
Fudan University Counseling Center, Shanghai, China Counseling center providing time-limited interventions [in Mandarin] Supervisor: Dr. Jun Gao [高隽]	2011 – 2012
Peking University Hospital, Beijing, China Outpatient psychiatric clinic [in Mandarin] Supervisors: Dr. Mingyi Qian [钱铭怡] and Xin Fang [方新]	2009 – 2010
Peking University Psychological Counseling Center, Beijing, China	2008 – 2009

Diagnostic evaluations and risk assessments [in Mandarin]
 Supervisors: Drs. Kaiwen Xu [徐凯文] and Jie Zhong [钟杰]
 Anding Psychiatric Hospital, Beijing, China 2008
 Long-term inpatient psychiatric hospital [in Mandarin]
 Supervisor: Dr. Jun Liu [刘军]

HONORS, GRANTS, FELLOWSHIPS & AWARDS

Honors

Samuel DuBois Cook Society Award, Duke University 2005
 Recognizing a dedication to social justice and to fostering positive interpersonal and intergroup relationships between different ethnic, racial and national groups.

Helen Pepperdine Award for Outstanding Volunteer Service, Pepperdine University 2003
 Given to a student who demonstrates an exceptional commitment to community service that is beyond his/her job description or appointed role on campus.

Funded Research Activities

Online DBT Skills-Based Intervention for [Chinese] College Students (\$80,000) Under review
 China Medical Board
 Role: Principal Investigator (Co-PI: Nana Xiong [熊娜娜], PhD)

A Daily Mindfulness Intervention Using Peer Support to Increase Well-Being (\$23,000) 2019
 Blais Foundation, Claremont Graduate University
 Role: Principal Investigator (Co-PI: Saida Heshmati, PhD)

DBT Skills for Patients who engage in Non-suicidal Self Injury (¥2,000,000) 2019
 National Natural Science Foundation of China
 Role: Consultant and Supervisor (PI: Chun Wang [王纯], MD)

Using task-shifting to improve engagement in an online intervention in China (\$2,500) 2017
 Cognitive Behavioral Research and Treatment Program, Duke Medical Center
 Role: Principal Investigator (Sponsor: Zachary Rosenthal, PhD)

Anger toward God among Chinese Christians (\$40,000) 2016
 Travis Research Institute, John Templeton Foundation
 Role: Co-Investigator (Co-PI: Yin Yang, PhD)

A Smartphone-based Mindfulness Intervention in China: A Feasibility Study (\$2,000) 2015
 Center for International Studies, Duke University
 Role: Principal Investigator (Sponsor: Zachary Rosenthal, PhD)

Physiological Reactivity in a Transdiagnostic Sample with Emotion Dysregulation (\$4,300) 2013
 Vertical Integration Program, Duke University
 Role: Graduate Investigator (PI: Zachary Rosenthal, PhD)

Parental and Adolescent Attitudes toward Confidentiality in China (¥6,000) 2012
 Early Career Grant, Department of Psychology, Fudan University
 Role: Co-Investigator (Sponsor: Jun Gao [高隽], PhD)

Cross-cultural Validation of the Cognitive Theory of Obsessions (¥3,500) 2009
 Thesis Research Grant, Department of Psychology, Peking University
 Role: Graduate Investigator (Sponsor: Mingyi Qian [钱铭怡], PhD)

Other Funded Activities

Professional Development Network at the Claremont Colleges (\$2,500)	2022
Printed Word Award, Campus Life Committee (\$1,700)	2022
Faculty-Student Summer Research Fellowship, Pitzer College (\$2,500)	2022
Mentees: Danika Petit (Pitzer '24) and Huei Lim Ming (Pitzer '24)	
Faculty R&A Grant, Pitzer College (\$3,000)	2022
Doman Social Sciences Research Award, Pitzer College (\$650)	2022
Racial Justice Initiative Course Activity Awards, Pitzer College (\$1,000)	2022
Helen R. Trilling Psychology Research Award, Pitzer College (\$1,680)	2021
Mentees: Yilin Li (Pitzer '22) and Alison Cary (Pitzer '21)	
Institute for Global-Local Action & Study, Course Activity Award (\$1,000)	2021
Avery Exchange Program, Claremont Graduate University (\$2,500)	2021
Printed Word Award, Campus Life Committee (\$700)	2021
Agnes Moreland Jackson Diversity Program Fund, Campus Life Committee (\$700)	2021
Faculty R&A Grant, Pitzer College (\$2,500)	2021
Doman Social Sciences Research Award, Pitzer College (\$550)	2021
Racial Justice Initiative Course Activity Awards, Pitzer College (\$2,000)	2021
Faculty-Student Summer Research Fellowship, Pitzer College (\$2,500)	2021
Mentees: Yilin Li (Pitzer '21) and Alison Cary (Pitzer '21)	
Sontag Center for Collaborative Creativity, Course Development Grant (\$5,000)	2020
Faculty Mentor: Kathleen Yep, PhD	
Helen R. Trilling Psychology Research Award, Pitzer College (\$1,500)	2020
Mentees: Yilin Li (Pitzer '22) and Elizabeth Kreppel (Pitzer '21)	
Summer Fellowship in Neuroscience, Keck Science Department (\$3,000)	2020
Mentee: Jenna Ledbetter (Pitzer '21)	
The Creative Works Fellowship, Claremont McKenna Collage (\$500)	2020
Mentee: Emily Bisaga (CMC '22)	
Faculty R&A Grant, Pitzer College (\$3,000)	2020
Doman Social Sciences Research Award, Pitzer College (\$700)	2020
Racial Justice Initiative Course Development Award, Pitzer College (\$500)	2020
Faculty-Student Summer Research Fellowship, Pitzer College (\$3,000)	2020
Mentees: Yilin Li (Pitzer '22) and Elizabeth Kreppel (Pitzer '21)	
Faculty R&A Grant, Pitzer College (\$3,000)	2019
Mindfulness and Play: An Inside-Out Justice Initiative Grant (\$5,000)	2019
Co-Instructor: Jessie Mills	

Competitive Fellowships

Scholar in Residence, Pitzer College	2021 - 2022
Avery Exchange Program, Claremont Graduate University	2020 - 2021
James B. Duke International Fellowship, Duke University	2016 - 2017
Harvey Fellowship, Mustard Seed Foundation	2014 - 2017
Ford Foundation Predoctoral Fellowship, National Academy of Sciences	2013 - 2016
Dean's Graduate Fellowship, Duke University	2012 - 2014

Scholarships and Travel Awards

Early-career Psychologist Research Award, APA Division 52 [Yilin Li]	2022
Institute for Global-Local Action & Study, Travel Award [South Africa]	2022
Institute for Global-Local Action & Study, Travel Award [Ecuador/Argentina]	2022
Early-career Psychologist Research Award, APA Division 52 [Jared Weisman]	2020
Institute for Global-Local Action & Study, Travel Award [Nepal]	2019
Student Research Award, Society for Science of Clinical Psychology	2018
Association for Psychological Science Travel Award	2016, 2018
Mind and Life Summer Research Institute Travel Award	2016, 2017
Duke University Graduate School Travel Award	2016, 2017
Summer Research Fellowship, Duke University	2013, 2017
Neil Williams Presidential Fellowship, Duke University	2013 - 2016
American Psychological Association, Division 45 Travel Award	2010, 2016
Best Student Research Award, ISITDBT Conference	2015
American Psychological Association, Advanced Training Institute	2015
Society for Multivariate Experimental Psychology Scholarship	2014, 2015
Travis Institute Travel Award, John Templeton Foundation	2014
Duke Center for Spirituality, Theology and Health Scholarship	2014
Claire Hamilton Travel Award, Duke University	2012 - 2014
Foreign Student Scholarship for Academic Excellence, Peking University	2009

TEACHING EXPERIENCE

Courses taught at Pitzer College

Ethical Issues in Psychology, Spring 2020, Fall 2020, 2021, 2022
Dialectical Behavior Therapy, Fall 2019, 2020, Spring 2022
Psychology of Mindfulness, Fall 2019, Summer 2021, 2022
Global Mental Health, Spring 2019, 2020, 2021
Internships in Psychology, Fall 2019, 2020, 2022
Psychological Disorders, Spring 2019
Mindfulness (FYS), Fall 2019

Instructorships

Adjunct instructor, <i>Peer Counseling</i> , Peking University, Beijing, China	2018, 2019
Graduate instructor, <i>Psychology of Mindfulness</i> , Duke University, Durham, NC	2015
Adjunct instructor, <i>Testing and Assessment</i> , Pepperdine University, Malibu, CA	2012, 2013

Clinical Consultation

<i>Dialectical Behavior Therapy</i> , Changchun 6 th Hospital, Jilin, China	2021-present
<i>Dialectical Behavior Therapy</i> , Anding Hospital, Beijing, China	2021-present
<i>Dialectical Behavior Therapy</i> , Foshan 3 rd Hospital, Guangdong, China	2021-2022
<i>Dialectical Behavior Therapy</i> , Kangning Psychiatric Hospital, Shenzhen, China	2020-present
<i>Dialectical Behavior Therapy</i> , Peking University 6 th Hospital, Beijing, China	2019-present

Dialectical Behavior Therapy, Fundacion Foro, Guadalajara, Mexico 2019-present

Clinical Workshops

Multicultural Considerations in DBT with Adolescents, University of Washington 2022
Integrating Values in Psychotherapy, Fundacion Foro, Buenos Aires, Argentina 2022
DBT-Informed Parent Coaching, Fundacion Foro, Buenos Aires, Argentina 2022
DBT-Informed Parent Coaching, DBT Mexico, Mexico City, Mexico 2022
Dialectical Behavior Therapy, Hong Kong Psychological Society, Hong Kong 2021, 2022
Dialectical Behavior Therapy, ZhiDaoZhongHe, Peking University, Beijing, China 2019, '20, '21, '22
Dialectical Behavior Therapy, Changchun 6th Hospital, Jilin, China 2020, 2021
Dialectical Behavior Therapy, Macau Psychological Association, Macau 2020, 2021
Dialectical Behavior Therapy, DBT Latino America, Mexico City, Mexico 2021
Dialectical Behavior Therapy, Mianyang 3rd Hospital, Sichuan, China 2020
Dialectical Behavior Therapy, Rizhao Dept of Mental Health, Shandong, China 2020
Dialectical Behavior Therapy, Shanghai Mental Health Center, Shanghai, China 2019, 2020
Dialectical Behavior Therapy, Kangning Psychiatric Hospital, Shenzhen, China 2019
Dialectical Behavior Therapy, Sun Yat Sen University, Guangzhou, China 2019
Dialectical Behavior Therapy for Adolescents, Anding Hospital, Beijing, China 2019
DBT for Adolescents, Peking University, Beijing, China 2019
Emotion Regulation Skills, Mental Health Center, Guadalajara, Mexico 2019, 2022
Dialectical Behavior Therapy, Tribhuvan University Hospital, Kathmandu, Nepal 2019
Emotion Regulation Skills, Chinese Sex Therapy Association, Beijing, China 2019
Dialectical Behavior Therapy, Counseling Certification Conference, Wuhan, China 2019
Radical Acceptance, CAPS Conference, Dallas, TX 2019
DBT Bootcamp for adolescents, ISITDBT Conference, Washington, DC 2018
Two-day DBT Intensive, Peking University, Beijing, China 2017
DBT Skills, CAPS Conference, Chicago, IL 2017
Introduction to DBT, Peking University, Beijing, China 2017
CBT for diverse clients, Department of Mental Health, Los Angeles, CA 2016
Introduction to DBT, MHM Conference, Angola, IN 2015
Multicultural considerations in the conduct of DBT, ISITDBT Conference, Chicago, IL 2015

Behavioral Tech (DBT Trainings)

DBT Intensive, Part II, with Drs. Tony DuBose & Pablo Gagliesi, Puebla, Mexico 2018
DBT Foundational, with Dr. Jennifer Waltz, Sandy, UT 2017
DBT Intensive, Part I, with Dr. Tony DuBose, Sydney, Australia 2017
DBT Foundational, with Dr. Blaise Aguirre & Tony DuBose, Belmont, MA 2016
DBT Foundational, with Drs. Lorie Ritschel & Clive Robins, Durham, NC 2016

RESEARCH & MENORSHIP ACTIVITIES

Thesis Advising

Jaymes Paolo
Claire Coen
Claremont Graduate University
Pitzer College, Class of 2023

Lizbeth Valdivia	Scripps College, Class of 2023
Juliana Hwang	Pitzer College, Class of 2023
Juliana Gutierrez	Claremont-McKenna College, Class of 2023
Emily Bisaga	Claremont-McKenna College, Class of 2023
Saiarchana Darira	Arizona State University, Class of 2022
Yilin Li	Pitzer College, class of 2022
Alison Cary	Pitzer College, class of 2022
Jenna Ledbetter	Pitzer College, class of 2022
Daniel Lee	Pitzer College, class of 2022
Carolyn Williams	Scripps College, class of 2021
Julia Ho	Pitzer College, class of 2021
Natalie Buehrer	Pitzer College, class of 2021
Elizabeth Kreppel	Pitzer College, class of 2021
Stella Li	Pitzer College, class of 2021
Avis Ko	Pitzer College, class of 2020
Haley Crabtree	Scripps College, class of 2020
Jared Weisman	Pitzer College, class of 2019
Grace McNiven	Pitzer College, class of 2019

Research Mentorship in the Global Mental Health Lab at Pitzer College

Jenny Yuan	Pomona College, class of 2025
Huei Ming Lim	Pitzer College, class of 2025
Danika Petitt	Pitzer College, class of 2025
Paige Chassman	Pitzer College, class of 2025
Janny Wu	Pitzer College, class of 2025
Praty Poosala	Pitzer College, class of 2024
Ruth Befekadu	UT at Austin, class of 2024
Kevin Hua	Pomona College, class of 2023
Hava Sprung	Pitzer College, class of 2023
Kaitlyn Chin	Scripps College, class of 2023
Danielle Kursh	Pitzer College, class of 2022
Lila Avendano	Pitzer College, class of 2023
Sarah Mann	Pitzer College, class of 2022
Tanvi Duggal	Pitzer College, class of 2022
Lily Kraft	Pitzer College, class of 2022
Jose Zuniga	Pitzer College, class of 2021
Kimia Mahdavi	Scripps College, class of 2021
Xian Cao	Auburn University, class of 2021
Lillian Sterenberg	Pitzer College, class of 2020
Eli Fujita	Pitzer College, class of 2019

Student mentorship prior to establishing the GMH Lab

Kewei Su	Beijing Institute of Technology, Master's student, class of 2019
Lin Yao	Peking University, Master's student, class of 2019
Wen Li	Beijing Capital Normal University, Master's student, class of 2018
Joseph Levy	Duke University, Undergraduate student, class of 2018

Vanja Kopilas
Amber Smith
Tra Tran

Pepperdine University, Master's student, class of 2017
Pepperdine University, Master's student, class of 2017
Duke University, Undergraduate student, class of 2015

CURRENT PROFESSIONAL INTERESTS

- 1) Global mental health: Increasing access to mental health care in an economic and scalable manner
 - 2) Optimizing treatment engagement and adherence in online interventions
 - 3) Mindfulness, Cognitive Behavior Therapy (CBT), Dialectical Behavior Therapy (DBT)
 - 4) Writing Children's books about emotions, mental health and diversity/inclusion
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