

others

COVID-19 away from

been exposed to

someone who might have

Quarantine: Keeps

home

including in their own

away from others,

positive for COVID-19,

or a person who tested

person with symptoms,

keeps a

Quarantine

Isolation and

Quarantine

Isolation

Quarantine

Isolation

Quarantine

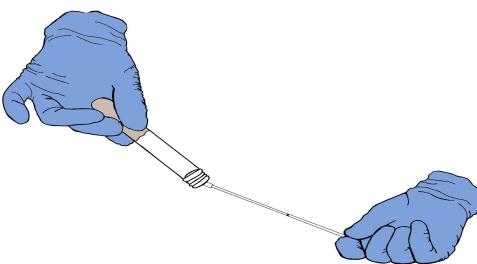
Isolation

Quarantine

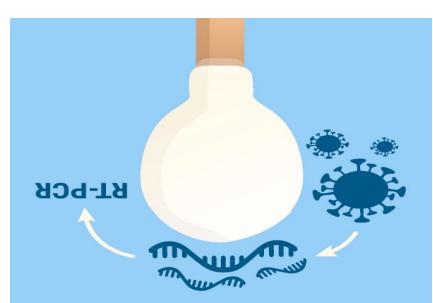
Isolation

Quarantine

Isolation



- when showing symptoms or exposure, 4-5 days after



When asymptomatic, the chance of a false negative decreases the longer you wait after exposure.

When to get tested? **Molecular Test**

Best times to get tested are:
Results in 1-7 days based on location
diagnose COVID19
presence and can detect virus RNA
recommend
looks for virus RNA
Most accurate + CDC
NAT or LAMP)
(AKA: rt-PCR, viral test,
Rapid Antigen Test

- **minutes**
Results in 15-30 minutes
diagnose COVID19
(antigens) and can detect virus proteins
chance of false negatives)
- **Less accurate (higher**
Test

Rapid Antigen Test

If Positive...

- **Must isolate,** refer to instructions in this packet
- Refer to your counties' public health protocol

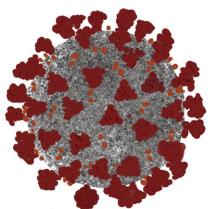


If Negative...

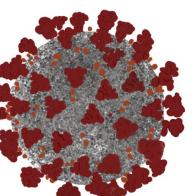
- Even if you test negative, **you must quarantine yourself** if you had close contact with someone with COVID-19,. Refer to instructions in this packet.
- if you have symptoms after *antigen test*, retest with *molecular test*.

Sources

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- Infographics provided by <https://www.freepik.com/> and <https://slidesgo.com/>

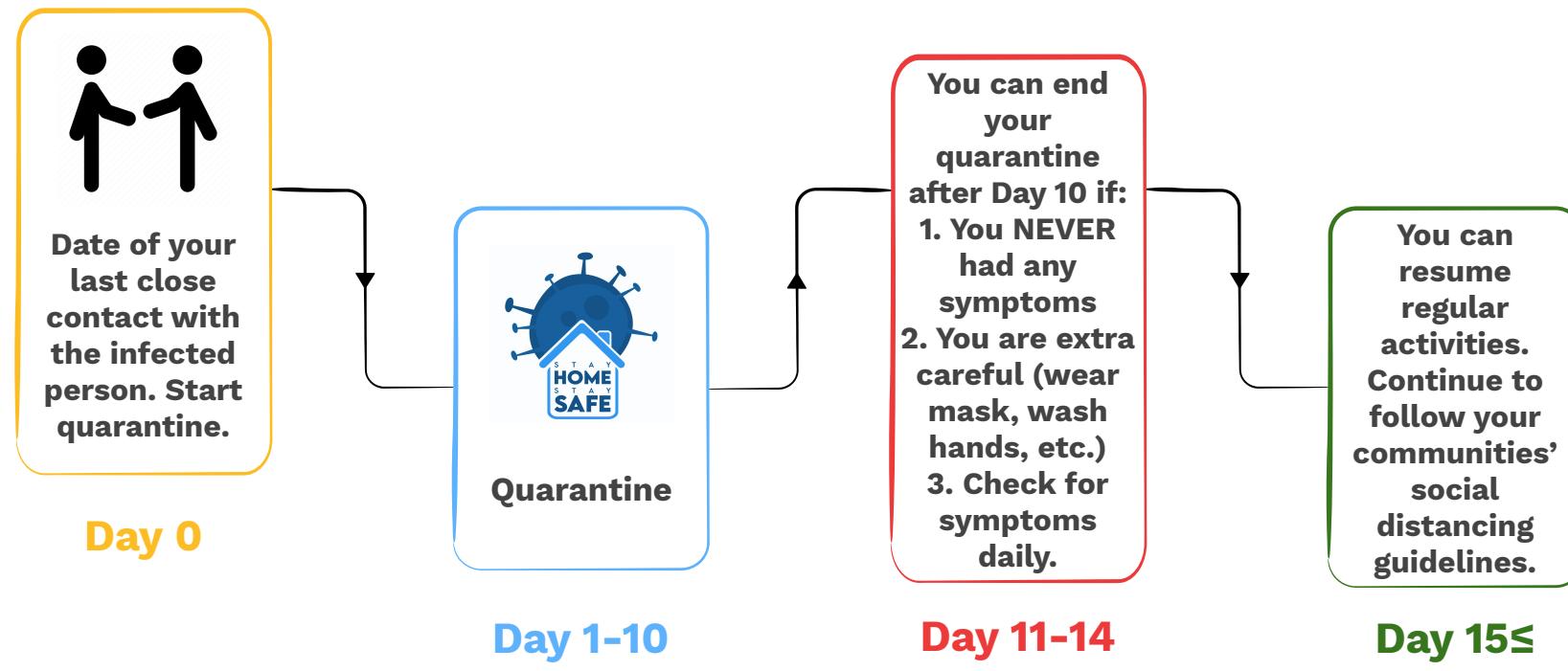
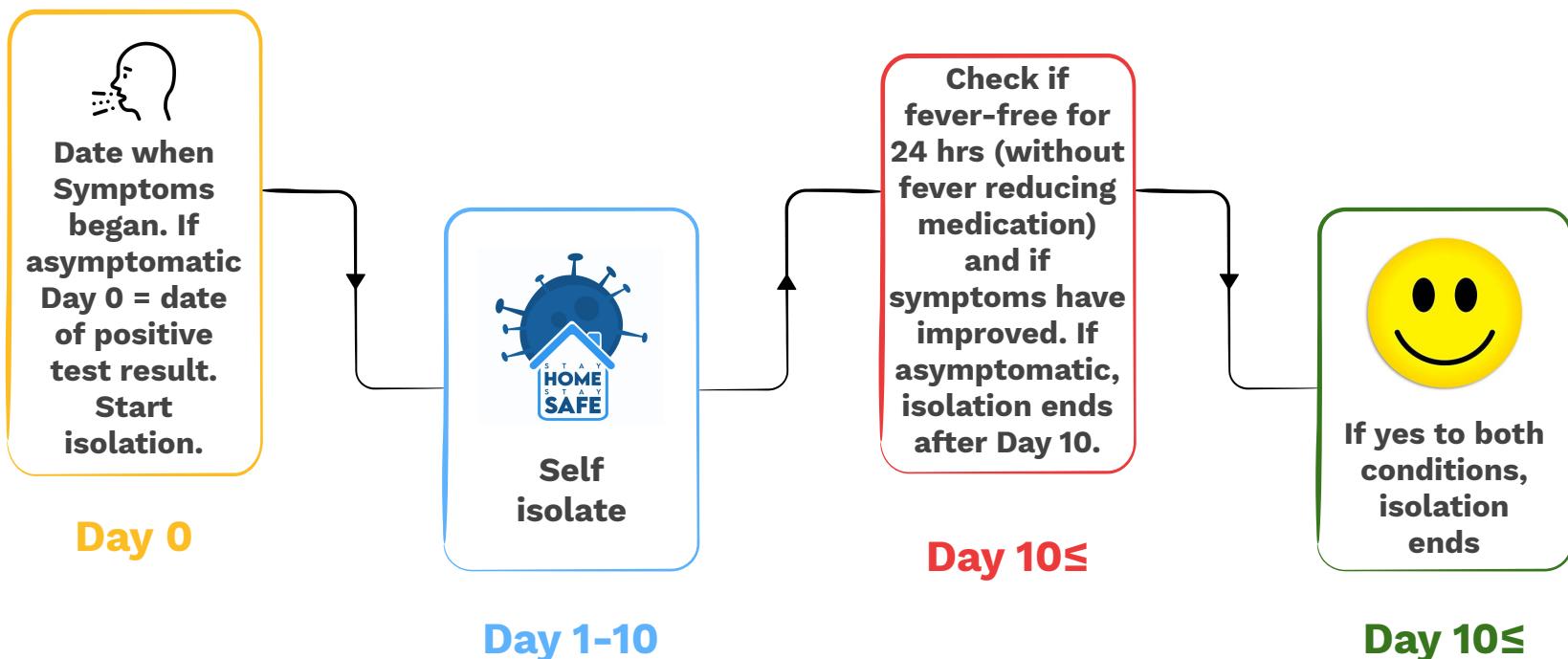


The Mini COVID-19 Testing and Safety Guide



INSTRUCTIONS FOR ISOLATION AFTER POSITIVE TEST RESULT OR DEVELOPING SYMPTOMS

For more information:
ph.lacounty.gov/covid-quarantine

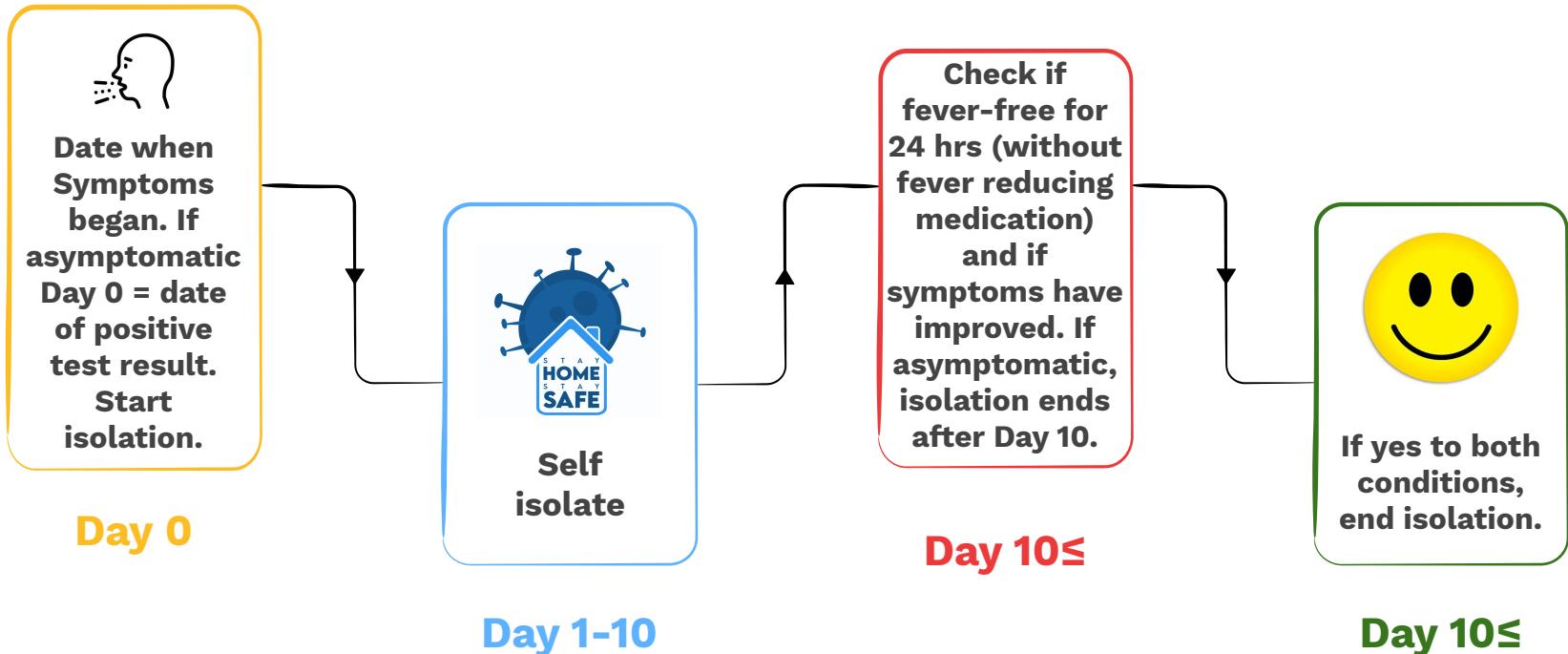


INSTRUCTIONS FOR QUARANTINE AFTER CLOSE CONTACT W/ SOMEONE W/ COVID-19

For more information:
ph.lacounty.gov/covid-isolation

**INSTRUCTIONS
FOR
ISOLATION
AFTER
POSITIVE TEST
RESULT OR
DEVELOPING
SYMPTOMS**

For more information:
ph.lacounty.gov/covid-quarantine



Date of Exposure	Date of first symptoms	Last date with symptoms	Symptoms	Fever?	Last Test Date	Test Type	Test Result