

THE PEOPLE'S PITZER

CIVIC ENGAGEMENT 2020

Weekly Newsletter: October 26-30



The final stretch of Elections Season 2020 has arrived. Close to 60,000,000 early votes have already been cast a week away from Nov. 3, according to [U.S. Elections Project Data](#).

We understand this process can be stressful, and will continue to share resources and opportunities to get ready for Election Day. Visit the [TPP Website](#) and follow us on social media (@ThePeoplesPitzer) for ongoing updates.

Mark your Calendars

Oct. 28: The voting process is complicated, so join us for a brief webinar at 3pm PDT / 6pm EDT to discuss the ins and outs of the voting process.

We'll cover absentee voting, common misconceptions, Election Day procedure, and voter suppression. Zoom link to follow.

Oct. 29-30: MCAPS will be hosting election-related stress support sessions in the days before the 3rd. Sessions will be held Thursday from 4-5pm PDT and Friday from 2-3pm PDT. To register, contact

Fiona.Vajk@claremont.edu.

Oct. 30: TPP is hosting our final bi-weekly meeting before the elections this Friday at 3:30pm PDT / 6:30pm EDT. Join us for a conversation about what to expect next week and how to continue fighting after the election.

Event Zoom Link: <https://pitzer.zoom.us/j/98836854156>

Ongoing: Sunrise Claremont Colleges is continuing to hold events for students to make change this election season. For more information, follow @sunriseclaremontcolleges on Instagram or contact sunriseclaremontcolleges@gmail.com, or Zoe Vavrek at zovavrek@students.pitzer.edu.

What's In a Conversation



Elections Season often brings with it a sense of partisanship and stress that makes conversations difficult. Despite this, the need for meaningful conversations is essential no matter what the time of year. Karin Tamerius, founder of the nonprofit Smart Politics, [advises](#) finding common ground as quickly as possible and asking open-ended questions. Village Square founder and CEO Liz Joyner recommends leading with your experience and personal stance, saying that statistics are less effective in communicating political beliefs. And at the end of the day, it's always

important to decide when to step away. Psychiatrist Michelle Riba [says](#) that in addition to keeping an open mind, we should observe how much time we spend engaging with political content that could negatively affect our mental health, and learn when to step away from a conversation.

For resources and real time updates, follow us on Instagram and Facebook
@ThePeoplesPitzer.

Questions? Comments? Concerns? Email Benjamin Shaw at benshaw@students.pitzer.edu.