



(800) 234-5465

Employee Assistance Program

Our EAP offers Pitzer employees a variety of counseling options, including telephone & web-based counseling, and referral services, at no cost to you.

Counseling is available on many topics including:

- **Emotional Well-Being**
- **Work Issues**
- **Parenting and Childcare**
- **Legal Assistance**
- **Money Management**
- **Substance Abuse & Recovery**
- **Education/Schooling**
- **Resources for Seniors**

Through traditional EAP services and an extensive menu of convenience services, Pacific Care Behavioral Services provides users the tools to lead healthy, productive lives that focus on wellness first.

100% Confidential

100% Free to benefits eligible employees

5 visits per year, per household member

Call to obtain your referral

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